



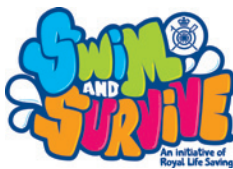
THE ROYAL LIFESAVING SOCIETY AUSTRALIA NEW SOUTH WALES BRANCH ANNUAL REPORT 2011/2012

EVERYONE CAN BE A LIFESAVER



Royal Life Saving

ROYAL LIFE SAVING SOCIETY - AUSTRALIA





Mission Statement

To prevent loss of life and injury in the community with an emphasis on the aquatic environments

Office Bearers

BOARD OF DIRECTORS

<i>President</i>	Peter Cronin BComm (NSW) ACA
<i>Directors (9)</i>	Ron Barnes B Sc, Dip Occup Hazard Mgt
	Selwyn Brown BA Education
	Prof Danny Cass MBBS, BSc, PhD, FRCS, FRACS
	Anita Collins B App Sc (OT) AccOT
	Andrew Hill
	Cindy Hoad Dip Ed (PE), BA (Sports Admin)
	Mark McLennan Adv Dip DP (Syd), Dip Dt (Syd)
	James Whiteside
	Dr Peter Wiebe BEd, MSc, PhD
<i>Chief Executive Officer</i>	David Macallister

TECHNICAL REVIEW COMMITTEE

<i>Chairman</i>	Mark McLennan
<i>Committee Members</i>	Frances Simpson-Lee
	Lisa Critoph

CLUB & COMPETITION COMMITTEE

<i>Chairman</i>	Rozlynn Grey
<i>Registrar</i>	Scherie McDonell
<i>Plus two representatives from each affiliated club</i>	

HONOURS COMMITTEE

<i>Chief Executive Officer</i>	David Macallister
<i>Chairman TRC</i>	Mark McLennan
<i>Chairman C&C</i>	Rozlynn Grey
<i>Registrar</i>	Scherie McDonell
<i>TRC Member</i>	Frances Simpson-Lee

REGIONAL OFFICES

Hunter Regional Manager	Matt Sharman
Illawarra Regional Manager	Ian Kennerley
Northern Regional Manager	Jason Phillips
Riverina Regional Manager	Michael Dasey
Western Regional Manager	Alison Middleton





Message from the Governor of New South Wales

Her Excellency Professor Marie Bashir AC CVO

The Royal Life Saving Society New South Wales Branch has again, throughout the 2011/2012 year, made an outstanding contribution towards the reduction of the tragic drowning and near drowning incidences. The Society has indeed established a proud record when one reflects on its teachings of water safety, survival, rescue, resuscitation and first aid. In addition, it continues to increase its public awareness campaigns such as Keep Watch, Swim and Survive and Community Lifesaver.

Through research, particularly the compilation of the State and National Drowning Reports, it is pleasing to see the Society continuing to reflect in its activities the ever changing cultures, demographics and leisure pursuits of the Australian population. The work, teachings and programs of the Royal Life Saving Society are continually reviewed, monitored and maintained to target at-risk groups, the various age groups and/or the ever increasing aquatic recreational activities.

It has been observed that alcohol, especially within the male population, continues to be a major contributing factor with regard to our drowning and near drowning numbers. Older Australians and people from cultural and linguistically diverse backgrounds also increase in number every year. I am pleased to report the Society, in collaboration with the NSW Government, has increased programs and funding support respectively to combat these areas with targeted age specific programs such as the Grey Medallion Course.

I would applaud all citizens to take advantage of the worthwhile programs offered by the Society. The skills learnt and knowledge gained may prove invaluable in the case of an emergency.

I congratulate the Society, its volunteers, staff and supporters and look forward to the coming year with anticipation of the Society expanding its programs and activities.

A handwritten signature in cursive script that reads "Marie Bashir".

Professor Marie R Bashir AC CVO

Governor of New South Wales



Message from the NSW Minister for Police & Emergency Services

The Honourable Michael Gallacher MLC



I am pleased to report the NSW Government recognises the enormous contribution the Royal Life Saving Society New South Wales Branch makes to the education and training of the various communities throughout NSW. The 2011/2012 year saw an even stronger partnership develop in our efforts to reduce the State's drowning toll.

It gives me great pleasure to report my Government, through the 'Black Spots' funding under the Emergency Services portfolio, has collaborated with the Royal Life Saving Society New South Wales Branch and given funding support to target:

- Aquatic risks associated with the consumption of alcohol while undertaking activities around water such as swimming, boating, fishing, etc. The Swim Safe Swim Sober program is an education initiative targeting secondary school age children to warn them of the dangers associated with alcohol and swimming.
- Older Australians, as the over 55 age group is an ever increasing statistic accounting for 31% of all drownings in NSW.
- Rural and remote communities by creating Community Lifesaver Ambassadors to facilitate teacher/student education and development in key water safety areas.
- High risk populations by providing resources and subsidies to support Indigenous aquatic skill development including CPR, First Aid and Bronze Medallion training.
- Aquatic Facility Audits to undertake both public swimming pool audits and open water audits providing improvement plans and recommendations to local government regarding hazards, risk treatment and correct signage.

With the continued support of the NSW State Government through core funding provided by the Sport and Recreation Division, Office of Communities and more targeted and specific funding through the 'Black Spots' initiative, I am confident New South Wales will become a much safer place to participate in aquatic activities.

I congratulate all involved with the Royal Life Saving Society for the expertise, commitment and dedication of its volunteers and staff and look forward to working closely with your organisation over the coming years.

Hon Michael Gallacher MLC

NSW Minister for Police and Emergency Services



Message from the President of RLSSA New South Wales Branch

Peter Cronin

I am pleased to report to members, stakeholders, sponsors and partners that the 2011/2012 year has been another very successful year for the Royal Life Saving Society New South Wales Branch. The Society continues to introduce new and innovative programs targeting at risk groups, is able to disseminate water safety information through its vast network and maintains a stable financial position.

With the NSW Government Black Spot initiative becoming a reality during 2011/2012 through the Ministry for Police and Emergency Services the relationship between Royal Life Saving and the Government has become ever stronger. I am pleased to say the Society's expertise has been well sought after and I would like to thank the Honourable Michael Gallacher MLC for his trust and confidence in Royal Life Saving to assist the Government achieve their goals with regard to water safety education.

The Community Lifesaver program continues to gather momentum and is becoming increasingly recognised and supported by industry and community alike. Throughout the 2011/2012 year a number of events were held to support the Community Lifesaver concept including our Aquatic and Recreation Industry Breakfast, numerous professional development workshops, the introduction of the River Safety Program, our Aquatic Audit initiative, the Indigenous Swim for Life program and the expansion of the Keep Watch @ Public Pools program. The Community Lifesaver Program seeks to educate as many residents of New South Wales as possible in water safety, lifesaving, CPR and first aid so that they become everyday lifesavers. Royal life Saving will continue to provide valuable lifesaving skills and knowledge that will assist in preventing aquatic related injury and death and help achieve the National Water Safety Council's strategy of reducing drowning deaths by 50% by the year 2020.

The Society's Board Members, various committees, volunteers and staff can be very proud of the collective achievements of the Royal Life Saving Society New South Wales Branch over many years but especially the past 12 months. I thank each and every one of them for their dedication and commitment to the Society's ideals.

Lastly I would like to thank the NSW Government for its support, Professor Marie Bashir AC CVO, Governor of NSW for her ongoing support and all our sponsors and various partners. I look forward to reporting on the activities of the Society for the 2012/2013 year which is promising to be another great year. Be safe on, in or near water.

Peter Cronin

President, RLSSA NSW Branch



Message from the Chief Executive Officer

David Macallister



As the Chief Executive Officer of this wonderful organisation, it gives me a great deal of pleasure to present this year's annual report and showcase the vast array of activities, courses, programs and public awareness campaigns the Royal Life Saving Society New South Wales Branch has achieved during the 2011/2012 year.

I am pleased to advise the total number of awards issued continues to increase with 256,791 participants taking part in the Society's courses which include infant aquatics, Swim & Survive and water smart, courses from the rescue strand, Advanced Lifesaving strand, resuscitation strand and programs from the vocational and education training arena.

The NSW drowning toll has decreased slightly from that of the previous year but still stands at 105, which is 105 too many. Although Royal Life Saving is working extremely hard at all levels and making inroads to reduce these figures, it is still very troubling. The biggest single age bracket for drowning deaths is now people aged 55 plus. The highest number of drowning deaths happened in inland water ways while children under 5 are still a major concern with an estimated 3-4 being hospitalised for each life lost, creating a tremendous amount of emotional trauma on family, friends and the community not to mention a significant cost to the Australian economic environment. The number of males drowning continues at a phenomenal rate, with alcohol becoming a major contributing factor.

I would like to take this opportunity to publicly thank the NSW Government, the Ministry for Police and Emergency Services and the Sport and Recreation Division, Office of Communities, Department of Education and Communities for their respective support of the Society's ideals. Further I would like to congratulate the Honourable Michael Gallacher MLC, Minister for Police and Emergency Services for his insight in creating the Government's Black Spot Funding in an effort to assist water safety organisations reduce drowning and near-drowning numbers in NSW. Through this pathway, the NSW Government has recognised Royal Life Saving New South Wales Branch as being a significant catalyst through its vast network to create a difference and save lives. Knowing the statistics relating to the States drowning toll as mentioned above, Royal Life Saving together with the NSW Government have addressed, and will continue to address, drowning issues with regards to rivers, lakes and streams, public swimming pools, the issue of alcohol related drownings, target the cultural and linguistically diverse communities, the 55 plus age group, Australia's indigenous communities and the 0-4 age group.

Included in this year's annual report is a perspective from the main operational areas of the organisation with regard to Training and Education, Aquatic Industry Services and Health Promotion so I will not dwell on those sections. I can however report that the Society's Aquatic Safety Training Academy (ASTA) at Seven Hills has accomplished a great deal throughout the 2011/2012 year. The learn to swim and survive program continues to grow increasing in number by over 100% for the same period twelve months before, the Branch has increased its water safety programs targeting the cultural and linguistically diverse communities, people with disabilities, disadvantaged families through the operation 10,000 National program and the 55 plus age groups. In addition the numbers of participants involved in our intensive learn to swim and survive program focusing on primary school age students has increased together with the participation levels of the Aquatic Survival Challenge program.

I am pleased to report, with the generous support of the Seven Hills Toongabbie RSL Club and the Peninsula Motor Group the New South Wales Branch has been able to purchase a 28 seat bus to provide to schools in the surrounding districts access to the ASTA programs. As indicated through research completed by Royal Life Saving National Branch under the swim and survive campaign it is estimated that 20% or 50,000 children leaving primary school this year won't be able to swim 50 metres or float for more than two minutes. These skills should be a basic right of every child living in Australia and through the purchase of this bus; the ASTA will be able to provide a service to those children living in Western Sydney.

I would like to take this opportunity to sincerely thank the NSW Governor, Her Excellency Professor Marie Bashir AC CVO, the NSW Minister for Police and Emergency Services, The Honourable Michael Gallacher MLC, the Society's sponsors, stakeholders, partners and volunteers at all levels who continue to reach metropolitan, rural and remote communities of NSW with the Society's teachings. I am sure with our continued and collaborative approach together we will reduce the State's drowning toll and save lives.

David Macallister
Chief Executive Officer



CEO David Macallister, NSW Board Member Jim Whiteside, Operations Manager Michael Ilinsky with UNCLE TOBYS Ambassadors, Cate Campbell and Matt Cowdrey.

Training and Education Report

This year has been a busy one for Royal Life Saving and the operational team, with many significant programs and projects being under development or delivered.

In July 2011, the latest edition of the Swim and Survive Aqua-Pak was released and provides newly developed resources targeting the teaching of children 6-36 months (Wonder) and 3-5 years (Courage), and updated material for children 5-14 years (Active).

In early 2012, the Community Lifesaver in a Box initiative was launched and has been received favourably by those undertaking cardiopulmonary resuscitation and first aid training. The box is a self-paced, flexible training program that allows individuals to acquire a qualification in accordance with legislative and industry requirements. It is designed to provide the ultimate learning experience and combines DVD Technology and online interactions. It can be described as lifestyle education that is flexible, self paced, engaging and value for money and value for time.

Royal Life Saving has been active in the media, driving drowning prevention messages and commenting on drowning cases. Our campaigns had a significant emphasis on local coverage using spokespeople from Head Office and Regional Branches. Each year our media commitments allow us to engage large sectors of the community and to tailor drowning prevention programs and messages to meet local conditions.

The compilation of the Royal Life Saving NSW Drowning Report, as well as the ongoing expansion of our drowning database, is extremely important to our work. Among the newly recognised challenges revealed in the 2011 Report, was the issue of river drowning which accounted for nearly one third of all drowning deaths and people aged over 55 now represent 41% of all drowning deaths. It is clear we need urgent strategies to protect those in this age group.

We continue to explore the benchmarking of children's swimming and water safety skills and knowledge. The past year has focused on data from programs throughout Australia adding solid evidence to the widely held belief that "the community can't swim as well as they used to" is essential to our strategy for greater focus on swimming and water safety within the education sector.

Water Safety Education plays a vital role in advocating the prevention of drowning and promoting a healthy and active lifestyle. Royal Life Saving encourages participation in aquatic activities and aims to develop skills, knowledge, positive attitudes and safe behaviours of Australians in order to participate in a safe and enjoyable manner. The water safety education programs aim to build awareness of dangers in aquatic environments, teach essential water safety and swimming skills and develop lifesaving skills that may one day save a life; reflecting Royal Life Saving's mantra that 'Everyone can be a Lifesaver'.

The education scope endeavours to provide opportunities at each age group or life stage from water familiarisation for young children, developing foundation skills for primary school children, arming teenagers with essential survival and lifesaving skills and water safety for older adults.

To further develop the relationships between Royal Life Saving and the Aquatic Industry, the Endorsed Swim School concept was reviewed and updated. An increased focus on promoting the partnership was adopted; hence the change of name to Swim and Survive Partners. Swim and Survive Partners are quality delivery agents that meet stringent standards to educate the community with Royal Life Saving's proven program Swim and Survive.

The 2011 NSW State of Industry Report provided a number of recommendations intended to strengthen safety in aquatic facilities. The aquatic risk management portfolio is underpinned by the need for strong and robust links with the NSW Aquatics Industry.

The 2011 NSW State of the Industry Report analyses the results of Aquatic Facility Safety Assessments to gain a measure of the current state of the aquatic industry within NSW. The Report examined NSW statistics compared with National results, whilst Sydney versus Regional data was also investigated. When comparing National results against that of Sydney and Regional facilities, the compliance of Sydney facilities was well above the National mean. Conversely, Regional facilities reported results below the National mean. This is consistent with the National trend of decreasing levels of compliance with increasing distance from metropolitan areas.

In the past year we continued our development and expansion of vocational training and education agendas. Clarifying industry needs, supporting workforce development, whilst keeping a close eye on safety imperatives are essential components of our role in this area. Of specific importance was the review of units of competency contained within the Community Recreation Training Package. The lengthy review included all sectors from the Community Recreation, Sport, Outdoor Recreation and Fitness Industries coming together into one package called the Sport, Fitness and Recreation Training Package (SIS 10). Consequently and following extensive industry consultation, the new training package included the development of a Certificate III in Aquatics – an exciting prospect for the aquatic industry. For the first time, the aquatic industry has a full qualification specific to their skill sets in Lifeguarding, Learn to Swim Teacher and Technical Operations and will provide a much needed career pathway for many employees.

Additionally, a range of blended and flexible learning strategies are currently being developed that will provide a new means of acquiring vocational qualifications.

Keep Watch continues to be Australia's most comprehensive drowning prevention and water safety program targeting parents and carers of children under five years of age. The program has a wide variety of resources and sub-programs that target specific locations such as bath time, the farm and public pools.

With over 170 public pools across NSW participating in the Keep Watch @ Public Pools program, and hundreds of thousands of resources distributed across Australia, Royal Life Saving continues to work towards ensuring all children under the age of five are safe, when in, on, or around water.

The Keep Watch program now has 26 fact sheets that provide information to help people keep themselves, and those within their care, safe when at a variety of aquatic locations or while undertaking aquatic activities. The information in these fact sheets is regularly reviewed and updated to ensure the most relevant information is being communicated in the best possible way.

The fact sheets cover a range of topics from the four Keep Watch Actions of: Supervise, Restrict Access, Water Awareness and Resuscitate; to Farm Water Safety, Home Pool Safety, Watercraft Safety and Hypoxic Blackout among others.

2011 / 12 included a strong commitment to community development in regional and remote locations. The focus was to engage local communities with training, participation and leadership development opportunities. Facilitated by our Regional Managers a range of programs were successfully implemented including the School to Pool initiative in the Shoalhaven, Swimathon at Lake Cargelligo, Water Safety day at Narromine, Grey Medallion at Coonabarabran, Water Smart program in Newcastle, Learn to Swim for underprivileged families in Queanbeyan, River Safety program for schools in Gladstone and Kempsey, Water Rescue program in Port Macquarie and Coffs Harbour and Demonstrations at the Slow Summer Festival in Orange to name a few.

Finally a special thanks to Royal Life Saving volunteers and personnel who sat on a range of boards and advisory panels of various not-for-profit organisations. These organisations include the Australian Council for the Teaching of Swimming and Water Safety (AUSTSWIM), NSW Sport and Recreation Industry Standing Committee, Aquatic and Recreation Institute and the Australian Resuscitation Council.

MICHAEL ILINSKY
Operations Manager

ANTHONY COTTEE
Training and Education Manager



Early Childhood Conference 2012

Aquatic Industry Services

The 2011/2012 year has been an exciting time for Aquatic Industry Services. The need to manage risks in aquatic environments is becoming increasingly demanding for aquatic facility operators. Ensuring that venues comply with a complex regulatory framework and best practice, and providing them with advice and guidance to improve their safety standards has been the focus of Aquatic Industry Services department this year.

The Aquatic Facility Safety Assessment (AFSA) is used as an important measure of safety and compliance in aquatic facilities. The AFSA draws upon the Guidelines for Safe Pool Operation (GSPO) for its assessment criteria and provides recommendations for best practice in public safety, management and operations. Over the last year 89 AFSAs were conducted in facilities throughout NSW. Of these, 45 were conducted in regional NSW.

This year RLSNSW published its first 'NSW State of the Industry Report', based on the results of the AFSAs, to gain a measure of the current state of the aquatic industry within NSW. The report examined NSW statistics compared with National results, whilst Sydney versus Regional data was also investigated. It is pleasing to note that compliance of Sydney facilities was well above the National average, with Regional figures slightly below. As this report was the first to be compiled in NSW, the coming year's AFSAs will provide more data, enabling a comparison to be made from year to year, which will provide valuable information on the strengths and weaknesses of safety within NSW aquatic facilities.

A large number of candidates across NSW took part in the Aquatic Supervision/Technical Operations course. The program provides candidates with the knowledge and skills relevant to the supervision and operation of an aquatic facility, plant and associated equipment and the monitoring and maintaining of water quality. In total, 104 participants completed the program across NSW. These figures are encouraging, indicating that a large number

of aquatic employees are looking to increase their qualifications. It is essential that skilled pool operators continue to maintain our aquatic venues, and pool staff obtain appropriate knowledge and training in this area.

In addition to Aquatic Industry Services, RLSNSW received funding from a variety of sources to continue the health promotion and drowning prevention work of the Indigenous Aquatic Safety Training Unit.

Funds were received through the Indigenous Sport and Active Recreation Program to conduct AUSTSWIM Teacher of Swimming and Water Safety courses for Indigenous candidates. To date, 95 participants from Western NSW, Sydney and the Illawarra have completed training. Participants have been encouraged to find employment in their local area, and to pass on their water safety skills and knowledge to other Indigenous community members.

In addition, funds were also received through the Elsa Dixon Aboriginal Employment Program for 25 Indigenous candidates to participate in the



*Aquatic Industry Services and Indigenous Programs
Co-ordinator Nicola de Wilt*

Certificate III in Aquatics program. These candidates have begun their training, and will complete all modules of the Certificate III next year.

An Active Family Fun Day was held at the National Centre of Indigenous Excellence on 27th November 2011. The event proved to be a great day, with many local community members participating in water safety activities. Olympian and UNCLE TOBYS ambassador Eamon Sullivan also attended the event, much to the delight of the crowd.

It is expected that 2012/2013 will be equally, if not more exciting, in the areas of both Aquatic Industry Services and Indigenous Activities. With many more exciting programs scheduled in the near future, it is shaping up to be a busy, but rewarding, year ahead.

Nicola de Wilt

Aquatic Industry Services Co-ordinator



Nicola de Wilt with UNCLE TOBYS Ambassador Eamon Sullivan at the NCIE AFFD.

Health Promotion Report



*Carla Piliskic Health Promotion
Co-ordinator*

The annual Royal Life Saving NSW Drowning Report was released in December 2011, with 107 people losing their lives as a result of drowning across the state during the year 1 July 2010 to 30 June 2011. Increases in drowning deaths were evident in older Australians, under five year olds and 18-34 year old males. Also, rivers continue to top the list for the location with the most drowning deaths. Nearly one third of all drowning deaths occurred in a river during the 2010/2011 year.

Royal Life Saving (RLS) NSW also released the report titled Recreational Fishing in New South Wales: An Overview of Drowning Related Fatalities and Current Perceptions. This report was produced thanks to funding from NSW Fisheries. From 1 July 2000 to 30 June 2007, there were a total of 119 drowning related recreational fishing fatalities which is an average of 17 fatalities per year; 98% were male. An online survey was also created in order to understand current perceptions and practices of recreational fishers, with 466 responses. For more information the Recreational Fishing Report can be found online at www.royalnsw.com.au.

The annual Teddy Bears' Picnic was held at Rosehill Racecourse in October and for the first time, RLS NSW had a stall at the event. Over 1000 water safety brochures, Keep Watch tattoos and information on first aid and CPR was handed out at the event. There was also a Keep Watch Duck guessing competition with over 100 entrants, CPR awareness for parents and children could have a go at dressing up as a lifeguard!



RLS NSW received Community Development Support Expenditure (CDSE) funding from numerous Clubs across NSW including Riverwood Legion Club, Canterbury-Hurlstone Park RSL Club, Parramatta Leagues Club, Seven Hills Toongabbie RSL Club, Dooleys Lidcombe Catholic Club, Castle Hill RSL Club and Wests Mayfield. Programs included CPR, water safety and rescue training for primary school children and CPR training for Indigenous high school students. Royal Life Saving would like to sincerely thank these clubs for their generous support of the various initiatives targeting local communities which no doubt save lives and build safe communities.



Students at Castle Hill Public School learn CPR with RLS Trainer Kaye Wood.



Castle Hill RSL Director, Robbie B. Duncan and RLS NSW CEO, David Macallister with a student learning CPR from Rouse Hill Anglican College.

RLS NSW collaborated with Direct Factory Outlets (DFO) in Homebush to promote water safety during the summer. DFO Homebush kindly donated space for a stall for RLS NSW during January 2012 to hand out information on water safety including brochures, fact sheets and home pool safety requirements. Customers were also able to learn about RLS and the importance of water safety through CPR demonstrations and free giveaways including CPR fridge magnets and Keep Watch temporary tattoos for children. Overall, the collaboration was very successful with over 1000 resources handed out during the summer.



Kerry Purcell from RLS NSW on the water safety stall at DFO Homebush

Due to the high number of people aged over 55 years who drowned in NSW, programs aimed to target this age group. Thanks to funding from the NSW Government, as part of Seniors week in March, RLS NSW held free Aqua Health Sessions for seniors at the Aquatic Safety Training Academy in Seven Hills. Participants learnt about water safety in different aquatic environments, CPR awareness, water familiarisation and had morning tea as well.



Participants in the Aqua Health session with RLS NSW Trainer Lauren Murphy

The Grey Medallion is a water safety and lifesaving skills program for the over 55 year age group. Thanks to funding from the Hills Shire Council, RLS NSW implemented a free Grey Medallion program at Waves Fitness and Aquatic Centre which ran for 8 weeks in April and May. The program focused on water safety knowledge, resuscitation and emergency care, aquatic exercise and personal survival and lifesaving skills.



Grey Medallion participants with RLS NSW Trainer Lauren Murphy

As part of this funding and thanks to Castle Hill RSL for the donation of venue, RLS NSW also held water safety workshops for young people aged 12-24 years and parents and carers with young children. Information presented included how to be safe when in, on and around aquatic environments and participants also learnt about how to perform CPR using Little Anne manikins.



Participants from the Young Children's workshop learning CPR

Through the Society's Health Promotion Unit, RLS NSW was asked to present to numerous child care centres, mothers groups, playgroups, church groups, conferences and international student groups with the aim to ensure their clients have a safe and fun experience in, on and around aquatic environments. This year we have visited over 30 organisations in and around Sydney including Brighter Futures, Castle Hill RSL, Hills Playgroup, the NSW Child Care Conference, Australia's Biggest Playgroup Day, St George Family Support Services, Kingdom of Children Child Care Centre, Mothers of Preschoolers (MOPS) Kingsford, Explore and Develop Norwest, Insearch University of Technology Sydney (UTS) and Victoria University.

Carla Piliskic

Health Promotion Co-ordinator



Mums from the Hills Playgroup learn about water safety and CPR

Hunter Regional Office Report

In 2011/2012 Royal Life Saving Hunter Office experienced another busy year and contributed significantly across a number of varying initiatives and programs throughout the community. It also proved to be a year of continual growth for both regional and local activities which, in addition to supportive media relationships, assisted to foster a positive profile for Royal Life Saving throughout the Hunter and Central Coast.

Royal Life Saving Hunter Office conducted a number of different programs across the region in 2011/2012 which included The Regional Water Smart Program. This program, delivered in partnership with the Office of Communities – Sport and Recreation Hunter, provided over 300 primary school children with access to essential water safety information and skills. It was nominated for an award at the NSW Water Safety Awards held recently in Sydney and generated tremendous feedback from teachers and staff. This project was made possible due to funding made available by our NSW Office under the Community Lifesaver banner. Additional programs conducted under this funding included the Central Coast High School Pool Lifeguard Program conducted by the Peninsula Leisure Centre, the Newcastle High School Bronze Medallion Initiative, the Indigenous Student Austswim Program and numerous Community Lifesaver initiatives.

The Hunter/Central Coast Region also welcomed the first two of what is planned to be continual Grey Medallion Programs. The first, conducted at West Wallsend Indoor Heated Swimming Pool by Lake Macquarie City Council proved to be a great success and was enjoyed thoroughly by all participants. The second, delivered at Mingara on the Central Coast also generated plenty of interest throughout the community. Both of these programs received excellent media coverage through local press and radio.

Participation numbers in our vocational courses have seen steady growth during the past 12 months in a very competitive market. This is partly due to the hard work and commitment of our base of contract trainers to deliver professional and informative training courses. At this point in the report I would like to express my gratitude and thanks to our trainers who have worked tirelessly throughout the year and I look forward to another productive year ahead.

During 2011/2012, Royal Life Saving Hunter Office conducted 15 Aquatic Facility Safety Assessments with seven of these facilities receiving the 5 Star Rating. In general, Aquatic facilities are viewing this process as a positive means of improving the safety and operation of their facility.

Of course, for our office to operate successfully, we need the support of local schools, organisations, regional councils and the aquatic industry. With this in mind I would like to take this opportunity to thank our support mechanisms within the Hunter/ Central Coast region.

Gosford City Council, in particular Peninsula Leisure Centre and Gosford Olympic Pool have been tremendous supporters of our office for some time and as a Partner training facility I would like to thank Anthony Burling and his hard working staff for their professional approach to vocational training.

Our relationship with both Lake Macquarie and Newcastle councils continues to expand. These partnerships will be nurtured over time to maximise benefits to both parties. A big thank you to both councils for your commitment to the water safety message.

Mingara One also remain great supporters of Royal Life Saving's Hunter Office and I would like to express my gratitude to Kim Taylor, Julie Harris and their staff for their continual support.

To Gaylene Matthews of Balance Health Club, also a big thanks for the backing and support of your organisation over the past twelve months once again. It is valued and appreciated.

I would also like to thank Jarred and Mel and their team at Austswim for their continual support and assistance during 2011/2012. Thank you to all at Austswim.

This annual report would not be complete without acknowledging our wonderful relationship with Office of Communities – Sport and Recreation – Hunter Office. Royal Life Saving Hunter work closely with Peter Britt and his staff on a daily basis and I would like to thank Peter and his staff for providing an enjoyable working environment.

Significantly, our network of trainers, examiners and assessors provide important ongoing services throughout the community and Royal Life Saving Hunter Office would like to take this opportunity to acknowledge their hard work throughout the entire region in providing essential knowledge and water safety skills. A huge thank you to everyone. Well done!

Finally, I would like to pass on an enormous thank you to the RLSSNSW Board, RLSSNSW CEO David Macallister, RLSSNSW Operations Manager and the staff at the Head Office in Castle Hill. Your support over the past 12 months has again been fantastic in very busy times. It has and will continue to be very much appreciated. Thank you also to the four other regional offices for your support during 2011/2012.

I must also thank Florence Errington for her contribution to the Hunter Office during her time with our organisation. Good work Flo!

I am looking forward to 2012/2013 and trust that it will be another busy time as the Royal Life Saving Hunter Office remains committed to providing quality services and products across the Hunter/Central Coast Region.

Matt Sharman

Hunter Regional Manager



*Participants in the Grey Medallion
at West Wallsend*



*Students participate in the Regional
Water Smart Program*

Illawarra Regional Office

The Illawarra Regional Office has turned in another very productive and busy year, being able to maintain its professional delivery of training courses. The relationships created and partnerships formed with local councils and other community organisations continue to grow providing many highlights over the past 12 months.

Elevated drowning figures, relating to elderly Australians across the state has become more than a trend, I am happy to report that with the support of the NSW State Government 'Black Spot' Funding, the Regional Aquatic Facilities are currently undertaking planning and training to Launching the 'Grey Medallion' program. The Grey Medallion program aims to be undertaken in every local community within the Illawarra by 2014.

The Illawarra Regional Office had great engagement with local CPR examiners, this past year, with a local initiative that provided resources, all of the equipment needed to conduct a Resuscitation Awareness course, to local Primary Schools. Numerous Schools have commenced this program, we are thankful that funding has been provided via the Clubs NSW, Club Grants process, The Illawarra Masters Builders Club has funded this program to ensure that 1,000 local Primary School students will receive these valuable skills and certificates.

I would like to advise members that over the next 12 months, the Illawarra Region is looking forward to delivering the Certificate III in Aquatics to various aquatic centres across the region, working with all local Shire Council health officers with the new vocational water testing standards, increased participation in Austswim and Aquatic training courses such as Pool Lifeguard, reduced drowning statistics, maintaining current course standards and participation numbers, increased community engagement in water safety and aims to have 50% (25) of the regional pools at a 5 star safety rating.

To the staff of the NSW Branch and all Regional Offices, the Illawarra Regional Office wishes to thank you for your support over the past 12 months. I also would like to thank the Illawarra Regional Office staff for their dedication to the Society. On behalf of the office staff members, Tracey, Bronwyn and Carly, I would like to say thank you to all who continue to support the Illawarra Regional Office.

Ian Kennerley

Illawarra Regional Manager



Local School Students participating in the Illawarra Resuscitation Awareness Initiative.

Northern Regional Office Report

In the past year, the implementation of specific projects under the regional funded Local Initiatives program highlighted the importance of a committed and collaborative approach to training and education.

Each of the 5 projects delivered throughout the Northern region were aimed at boosting participation and developing strategic links in the range of Royal Life Saving community, recreational and VET programs.

Project Community Lifesaver

Distribution and promotion of life saving, water safety, resuscitation and first aid information to every school on the North Coast.

Macleay Valley River Safe Project

Provision of classroom lessons, site visits to local rivers and Swim and Survive lessons throughout the Macleay Valley for selected Primary Schools, previously unable to attend or receive essential water safety programs. This project was partly funded through NSW Sport and Recreation.

Water Safety Ambassador

Pool Lifeguards in key locations were targeted to become Water Safety Educators who can assist in the delivery of RLS training and education programs. Assistance in the form of accreditation and resources enabled these individuals to develop their capacity to become water safety practitioners.

Approved Training Partner Centres

The development and support of local aquatic centres to be registered and approved training partners assist RLS in the provision of its community participation and vocational training products. Current centres were given training and resources to improve their level of service and new centres are in the process of accreditation.

Community Lifesaving Programs

The allocation of human resources and training aids assisted the following organisations with their programs:

- Mt St John Primary School, Dorrigo - Swim and Survive
- Laurieton Swimming Pool – Grey Medallion
- Chrysalis School, Thora – Swim and Survive (River Safe)
- Bellbrook Primary School – CPR
- Academy of Swimming Education East Timor – Swim and Survive
- Tamworth Regional Council – Schools CPR Education

The Northern Regional Office would like to acknowledge all those people who have assisted in the delivery of our educational messages or accredited training courses throughout the year. Without your assistance and dedication we would not have achieved our strategic intent on regional expansion.

Jason Phillips

Northern Regional Manager

Riverina Regional Office

The Riverina Office has once again enjoyed a successful twelve months promoting and carrying out the aims and objectives of the Society. Along the way we have been able to provide a balanced and professional service that is reflected in our capacity to maintain existing client relationships while enabling to develop and explore new market opportunities. As we progress we will need to continually focus on the future and be mindful of trends that are occurring in a competitive market environment.

While we have been able to maintain constancy of numbers in the vocational sector of our business, the move into online and web based learning systems is well upon us and we need to embrace and accept that this is the way of the future. There will always be a human element to our programs and services but the ability to provide greater flexibility without diminishing quality remains our next challenge.

Individual Regional Initiatives were instigated with all offices exploring projects that were community based and projected needs and services that were often overlooked. One of these was in collaboration with the Wagga Wagga City Council and was focused on providing simple effective information regarding river safety within the community. Given the importance that the river systems have in regional NSW we believe that this is a step in the right direction with regard to river safety and awareness for all.

Royal Life Saving Riverina would like to congratulate the Broken Hill City Council on the completion of the second stage of their aquatic facility which was opened in late November 2011. The opening of the indoor pools and reception area has completed the journey and residents of Broken Hill can be well satisfied with their new aquatic centre.

Through the year the Society secured state government funding for “black spot” initiatives with outcomes centered upon risk management, public awareness and education around all aquatic venues. Increased engagement with our key partners, stakeholders and support networks is also a priority with these initiatives that will be delivered over the coming year. The capacity to roll these projects out through the Riverina region will be the highlight of the next six months of the year as we continue to service our core business in the lead up to the summer months.

In finishing I would like to convey thanks to all those who have contributed to the success of Riverina Office this past year. Whether being a valued examiner, contract trainer or client, without your support and assistance we would not be able to function as we do. A special thanks to all those who work at the Sydney Office for assistance and input when needed and in particular David Macallister and Mick Ilinsky for continued support over the year.

Mick Dasey

Riverina Regional Manager



Western Regional Office Report

What a busy year it has been for the Western Regional Office! The past twelve months have flown by with hundreds of people in the western region undertaking lifesaving, first aid and water safety training with us. A focus of the office over the last twelve months has been on developing new partnerships with key industry and government bodies, whilst strengthening existing relationships in an effort to maximise Royal Life Saving's presence in the region. These partnerships will continue to be important over the coming twelve months as we roll out various projects under the NSW Government Black Spot Funding initiative, targeted at reducing the number of deaths from drowning in NSW.

Over the last twelve months through a new and innovative Royal Life Saving NSW Branch initiative titled 'Community Lifesaver', our office was able to fund five local projects focused on drowning prevention, community education and water safety. In this instance the communities of Orange, Bathurst, Lake Cargelligo, Narromine and the Warrumbungle/Coonamble Shires all received funding to conduct a range of water safety activities in their local areas.

Bathurst Aquatic Centre Grey Medallion Program

The Bathurst Aquatic Centre hosted the first Grey Medallion program in the Western Region, a water safety program for the 55+ age group. The Community Lifesaver funding provided the centre with a Grey Medallion resource kit, resources for the participants, CPR training manikins, rescue resources and promotional items. Eighteen participants completed the Grey Medallion program in this instance and the centre now has the resources to be able to offer additional programs in the future.

Narromine Community Water Safety Day

The water safety day held in Narromine was organised in partnership with the Narromine Local Aboriginal Land Council who matched our funding by providing free entry to the pool, lane hire and lunch for those who came on the day. We provided water safety information and resources such as CPR in a Box and Home Pool Safety in a Box kits as well as Keep Watch prizes for participants attempting the scheduled water safety activities. Although the weather was a little cool on the day a good number of families attended and the event received some great coverage in the local paper.

Lake Cargelligo Swimathon

The Lake Cargelligo initiative was centred on a swimathon organised to assist local people needing cancer support services. Royal Life Saving was able to provide water safety and rescue resources, CPR and Home Pool Safety in a Box kits as well as prizes for those participating on the day. The Community Lifesaver funding also provided resources for the pool and community that may be utilised for further local water safety education opportunities and programs driven by the community.

Slow Summer Festival Orange 'A Day @ the Beach'

The Orange Slow Summer Festival is a week of activities based around water, family fun and a healthy lifestyle in the Orange region. The inaugural A Day @ the Beach held at Lake Canobolas near Orange, was a great success (before being washed out in the afternoon by a thunderstorm!) and planning is already underway for a follow-up event next January. In conjunction with the Orange Bush Nippers (a Swim and Survive partner) we held safety demonstrations, CPR events and provided water safety information and prizes to the general public and competitors of the dragon boat races held on the day. It was a great opportunity to raise the profile of Royal Life Saving within the community and several stories ran in the local paper and on the local television channels covering the days events.

Western NSW Local Health District (Coonabarabran) Grey Medallion Program

In partnership with the Western NSW Local Health District, Royal Life Saving ran a Grey Medallion Introductory Workshop for health workers and interested community members. Members of the Local Health District who provide aqua-exercise opportunities for their community attended with the view to implementing the Grey Medallion program through their Physical Activity Networks. This funding opportunity provided instructor and participant resources for the program as well as CPR in a Box kits and rescue items such as PFDs and rescue tubes for participants to undertake the Grey Medallion program in the Warrumbungle (Coonabarabran, Coolah, Dunedoo, Baradine, Binnaway, Mendooran) and Coonamble areas.

Swim and Survive Partner Pool Program-Fitness Perfection Swim School Orange

Partner Pools offer Swim and Survive as their primary learn to swim program to ensure a balanced, comprehensive instructional approach to a child's aquatic education. Partner Pools provide a pathway for ongoing learning and development through each of the key life stages and lessons are designed to keep children engaged, actively learning and, most importantly, having fun. The Community Lifesaver initiative allowed us to equip a local swim school with the resources required to get the program up and running in their centre and included resources and accreditation for instructors as well as resources for program implementation such as PFDs, ropes and rescue tubes.

These 'Community Lifesaver' programs were a fabulous way for Royal Life Saving to contribute to local communities by strengthening and supporting ties with local schools, businesses and lifesaving people. These programs ran in support of our usual programs, vocational training courses and work with other charitable organisations during the course of the year.

There is much to look forward to over the coming year with the introduction of a full qualification, the Certificate III in Aquatics, now available to the aquatics industry. Keep a look out for the Black Spot Fund programs coming to a pool or school near you, supporting organisations, community groups, individuals and our lifesaving people in an effort to reduce the drowning rate by 50% by the year 2020. The Western Regional Office relies on the support of our fabulous trainers and volunteers to help us get our message out there, so keep up the great work! Thank you also to our Head Office staff and Board of Directors for your support and guidance throughout the year, and also to Nicola and Annabelle, our very valuable staff who keep the office afloat. We will continue to strive to provide a valuable service to the communities of the Western Region over the coming year.

Alison Middleton

Western Regional Manager



Participants in the Grey Medallion program



Grey Medallion Participant



Merge Water Safety Program



Narrromine Water Safety Program Day 1



Narrromine Water Safety Program Day 2



Narromine Water Safety Program Day 3



Narromine Water Safety Program Day 4



NASCA TSW Course

national champ

2012 Australian Pool Lifesaving Championships



The 2012 Australian Pool Lifesaving Championships were held at the SA Aquatic & Leisure Centre in Oaklands Park, South Australian from 12 -14 January, 2012. NSW won overall team point score by 104 points (largest winning margin since introduction of "First Past the Post / ILS scoring" format in 2007).

NSW won Overall CPR Championship including a new Laerdal CPR manikin (first since 2010). 12 NSW athletes (10 from the State team) were selected in Australian Teams.

NSW team set a new national record in 8x50m Fins relay. A number of Masters' Records were also broken by athletes from NSW club teams (Paul Lemmon, Steve Boxall, Troy Racklyeft and Jenny Whiteley).

Eion McCrindle (Eng) – won Official of the meet. Sophie Richardson (Hills) – Girls U/14 Championship.

NSW fielded a relatively inexperienced team this year with 4 athletes attending their first RLSSA National Championships and 7 athletes being on their first RLSSA NSW team. Ben Fishburn was substituted into the team for Dane Farrell who aggravated a knee injury prior to the final event (8x50m fin relay).

In closing, I would like to say special thanks to:

- Club and localised Coaches – Gray Parkes, Blake McCrindle, Tim Schofield and Paul Lemmon for their continued support and coaching of their club/ localised athletes.
- Senior Athletes (particularly Mitchell Parkes, Jane Cooper and Andrew Bowden) who regularly took the time to encourage and mentor our junior and more inexperienced athletes.
- Tim Schofield and Rachelle King for organizing the team presentation uniforms.
- VICI for its continued support and once again providing team uniforms.
- Madeline Richardson, Katelyn Hayward, Dennis Gasparotto and Jacqui Smith for assisting in videotaping NSW competitors.
- Steve Williams, Melanie Williams, Norm Stanley, Pam Stanley for transporting manikins and tubes to and from Adelaide for use by the NSW team in training, warm-up and between events.
- Melanie Williams who (in addition to Sandra Richardson) provided numerous cakes sold at NSW SERC championships which paid for lane hire at Homebush and South Australia Aquatic Centre.
- Vaughan Jones for his assistance in handing over the manager role to Sandra Richardson.
- RLSS NSW office and David Macallister especially for his continued support.
- NSW CCC for its continued support.
- All the countless officials from NSW who worked at the championships in both formal and informal ways.
- Sandra Richardson for successfully stepping into a vacant manager role and working with a very geographically dispersed team.

Tony Stanley

NSW State Coach

The following members were selected for representation in the New South Wales Interstate Team

UNDER 16	UNDER 19	OPEN LADIES	OPEN MENS	COACH	MANAGER
Danielle McMahon	Tiarna Jones	Jane Cooper	Mitchell Parkes	Tony Stanley	Sandra Richardson
Allessandra Gasparotto	Elyssia Gasparotto	Rachelle King	Blake McCrindle	RESERVES	
Aidan McColm	Keelan Bridge	Stephanie Purcell	Tim Schofield	Katelyn Haywood	
Daniel Smith	Jed Boxall	Siobhan Jones	Dane Farrell	Benjamin Fishburn	

2012 National Lifesaving Championship Results

Men's Under 14 Individual Overall Championship 1. Jarad Everett-Quitadamo (SA) 2. James Petropoulos (VIC) 3. Jordan Jurek (SA)	Men's Under 19 Individual Overall Championship 1. David Elliott (QLD) 2. Jed Boxall (NSW) 3. Chris Veal (VIC)	Men's Over 30 Individual Overall Championship 1. Peter Brown (SA) 2. Steve Boxall (PHLGC) 3. Paul Lemmon (NSW)	Interstate Men's Overall Championship 1. NSW 2. QLD 3. VIC
Women's Under 14 Individual Overall Championship 1. Sophie Richardson (NSW) 2. Deanne Elliott (QLD) 3. Victoria Knesl (QLD)	Women's Under 19 Individual Overall Championship 1. Alisha Ellwood (QLD) 2. Sarah Hamilton (WA) 3. Tiarna Jones (NSW)	Women's Over 30 Individual Overall Championship 1. Christine Kalogeras (SA)	Interstate Women's Overall Championship 1. NSW 2. QLD 3. VIC
Men's Under 16 Individual Overall Championship 1. Daniel Smith (NSW) 2. Andrew Truong (SA) 3. Tyler Anna -Coe (VIC)	Men's Open Individual Overall Championship 1. Sam Bell (QLD) 2. Mitchell Parkes (NSW) 3. Tim Schofield (NSW)	Men's Over 45 Individual Overall Championship 1. Gray Parkes (PHLGC) 2. George Quine (VIC) 3. Rob Hendry (QLD)	Interstate Overall Championship 1. NSW 2. QLD 3. VIC
Women's Under 16 Individual Overall Championship 1. Danielle McMahon (NSW) 2. Rosie Lennox (QLD) 3. Alex Knesl (QLD)	Women's Open Individual Overall Championship 1. Rachelle King (NSW) 2. Lisa Ferguson (VIC) 3. Rebecca Pegg (QLD)	Women's Over 45 Individual Overall Championship 1. Jenny Whiteley (The Hills) 2. Meryl Churchill (SA)	Official of the Meet Eion McCrindle (NSW)



Honours

It is a highly regarded tradition that the Royal Life Saving Society presents "Honours" each year to volunteers in appreciation of their service to the Society for promoting Life Saving and Water Safety throughout their local communities. Members, Examiners, Instructors and Competitors are nominated by their peers for their commitment and hard work throughout the year.

As well as thanking all supporters, this year the Society would like to thank and congratulate the following Honours recipients for their efforts during the 2011/2012 year.

COMMONWEALTH HONOURS

Service Cross

Roz Grey

AUSTRALIAN HONOURS

RLSSA Fellow

Melanie Williams
Pam Stanley
Gray Parkes
Frances Simpson-Lee

NEW SOUTH WALES HONOURS

Life Member

Lyn Purcell

Long Service Star

Lynne Middleton

Distinguished Service

Bruce Hopkins
Mark Newbury
Margaret Simpson
Tony Stanley
Kirsty England
James Whiteside

Associate Award

Cassee Wallington
Keith Watts
Simone McCarthy
Mark McMaster
Scherie McDonell
Eion McCrindle
Jill McGuinness
Janelle Green
Suzanne Rosskelly
Graham Taylor

Russell Crane Cup

Trina Parker

Derek Emery Memorial Trophy

Megan Williams

Sir Walter Leonard Memorial Trophy

Donna Fishburn

John Stacpoole Memorial Trophy

Betty Dixon

Lesley-del Kinscher Memorial Trophy

Sabina Carr

Certificate of Appreciation

Jay Neville
Mitchell Salter
Annika Wolfgang
Dione Lowe
Clancey O'Brien
Susan Robins
Mike Radecki
Ed Castro
Terry Williams
Croydon Park RSL
Liam Shore
Nadine Uremovic
Burwood RSL
Emma Castro
Waves Fitness & Aquatic Centre
Dayle Morton
Alicia Heffer
Allan Fazulla
Cobar Swimming Pool
Fitness Perfection Swim School Orange
Bathurst Aquatic Centre
Western NSW LHD Health Promotion Team's
Physical Activity Network
Narromine Local Aboriginal Land Council
Lake Cargelligo Swimming Pool
Taste Orange
Tammy Taylor
Ralph van de Scheur
Paul Tiernan
Adam Kelly
Erin Gallagher
Carlo Trimboli
Sing Ma
Blake McCrindle
Leanne Courtney
Gillian Davis
Karl Short
Ryan Parker



Commendation Awards



Her Excellency Professor Marie Bashir AC CVO, Mr Peter Cronin, NSW Branch President and the Hon Michael Gallacher MLC Minister for Emergency Services with 2011 Certificate of Commendation Award recipients, NSW Police Award recipients, NSW Ambulance Award recipients, Rural Fire Service Award recipients and NSW Fire Brigade Award recipient.

The New South Wales Branch issues Commendation Awards each year to people who rendered assistance and used their knowledge in water safety, rescue and/or resuscitation to aid an injured or ill casualty. These extraordinary Australians perform those skills, often in stressful situations, sometimes with multiple casualties and frequently at risk to themselves.

In December 2011 the Patron of the Society, the Governor of New South Wales, Her Excellency Professor Marie Bashir AC CVO very kindly offered her time and Government House to present the Commendation Awards. Her Excellency shows great admiration each year to the recipients of the Commendation Awards as their achievements in attempting to save a life is a great humanitarian gift.

The following people with a brief citation were recognised for their efforts at saving lives in emergency situations. Members of the general public were presented with Certificates of Commendation, Officers of the NSW Police Service were presented with the Police Service Award, an Officer of the NSW Fire Brigades was presented with the Fire Brigades Award, Officers of the Rural Fire Services were presented with the Rural Fire Service Award and Officers of the NSW Ambulance Service were presented with the Ambulance Award.

The Royal Life Saving Society Australia New South Wales Branch would like to congratulate each of those people who received an award.

***Certificate of Commendation presented to:
Mitchell Hill and Edward Hill***

On Monday, 24 November, 2008, 21 month old twins Ethan and Matthew Hill were being cared for by their grandparents Anita and Edward at their home on St Hubert's Island. The twins' uncle, Mitchell was also home at the time. After driving Anita to work, Edward returned home with the twins and while he prepared dinner, the little boys went straight out the back to ride their toy cars on the verandah. Edward left the twins momentarily to check an email in the rumpus room where Mitchell also was – both the twins were visible from the rumpus room. Edward went to the kitchen to get some dessert for the twins and when he returned to the verandah, he could not see them. The boys have been able to access the yard from the verandah and have ridden their plastic cycles along the path and through the gateway to the pool. After frantically searching for the boys, Edward looked over the pool and saw one of the twins floating face down. He immediately jumped in and retrieved him from the pool and called out to Mitchell to call the ambulance. Mitchell ran outside and dragged the other twin from the water. Following instructions from emergency services over the phone, they immediately commenced Cardiopulmonary Resuscitation (CPR) on the twins and continued for a considerable period of time until police and ambulance officers arrived who took over and conveyed the boys to hospital.

High commendations are awarded to Mitchell Hill. It is difficult to visualise a graver scenario than what confronted this young uncle on this day. He performed under enormous stress and applied every effort to save the lives of the children.



Liam Cox



Brady Cox



Blake Cox

***Certificate of Commendation presented to:
Mia Liam, Brady and Blake Cox***

It was Australia Day, 2011 and many families were enjoying the sunshine and the day at Lake Macquarie. Little 4 year old Lachlan McKeown took advantage of a split second distraction to get away from his parents as they were packing up to go home. Luckily at the same time, 11 year old Liam Cox decided to try his hand at fishing and started walking out on the jetty. Three quarters of the way out on the jetty, he spotted little Lachlan just under the surface of the water, staring up at Liam and looking really scared. Liam yelled out to his older brothers Brady and Blake who were further out in the water. Without hesitation Liam jumped into the water and grabbed hold of Lachlan. The lake was too deep for Liam to touch the bottom, so he was forced to go under the water himself in order to push Lachlan up and out of the water. Liam tried to get him to hold on to the jetty but the little boy was either too panicked and scared or just exhausted. Whilst Liam repeatedly pushed Lachlan above the surface of the water, Brady and Blake swam over to Liam and helped him hold Lachlan's head out of the water. Together they swam and walked the smaller boys out of the lake and found Lachlan's parents. Lachlan was very glad to see his mum and dad, but began to go into shock. Luckily there were some off duty ambulance officers on the shore and they quickly attended and called for an ambulance. After a night in hospital, Lachlan returned home and was able to meet and thank his rescuers.

High commendations are awarded to Liam, Brady and Blake Cox. There is no doubt that if Liam had not jumped into the water and, aided by his older brothers, helped Lachlan, the outcome would have been very different.



Warren Pavey

***Certificate of Commendation presented to:
Warren Pavey***

On 26 February, 2011 as Warren Pavey was walking on Diggers Beach at Coffs Harbour, he noticed two boys struggling against a rip and being dragged out to sea. Warren had recently completed his Bronze Medallion training with Royal Life Saving and was well aware of the dangers that rips possess. He could see the distress on the faces of the boys and also the parents on the shore who were non swimmers.

Warren entered the water and used the rip to reach the two boys who, trying to swim against the rip, were quickly becoming exhausted. He encouraged the stronger of the two boys to keep swimming and using a cross chest tow on the weaker boy, managed to get them to shallow water.

Warren accompanied the boys back to their parents and although visibly distressed and exhausted, they showed no signs of major illness or injury.

High commendations are awarded to Warren Pavey for responding and without hesitation giving assistance. His actions were instrumental in undoubtedly saving the lives of these two boys.



Rob Hallawell

***Certificate of Commendation presented to:
Leanne King, Rob Hallawell and Clair Twohig***

On Saturday 19 March, 2010 Woolgoolga Swimming Pool was holding a free Family Fun Day with about 150 children having fun on the waterslide, the aqua inflatables and the aqua balls. 12 year old Angus Cameron was thoroughly enjoying himself with all the other children. The pool was well staffed this evening with four experienced and qualified pool lifeguards on pool deck and two volunteers working.

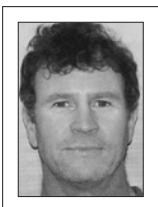
At about 5.50pm, Angus collapsed while playing with a mate inside an open ended aqua bubble. Unknown to pool staff, Angus had a heart condition which lead to him suffering a heart attack. His friend quickly alerted pool staff who removed him from the bubble. Angus was not breathing and no pulse was detected. Leanne King was the first to commence Cardiopulmonary Resuscitation (CPR) on Angus and was assisted by Rob Hallawell and Clair Twohig until ambulance officers arrived. Leanne, Clair and Rob worked as a team and continued CPR until the ambulance officers were able to start defibrillation.

High Commendations are awarded to Leanne King, Clair Twohig and Rob Hallawell. Their professionalism and quick thinking in assessing Angus' condition and the resultant action they took undoubtedly saved his life.

***Certificate of Commendation presented to:
Christopher Goodall***

On 30 November, 2008, Chris Goodall was enjoying a break from surfing on Bombo Beach when he was alerted that there were two swimmers in trouble in a rip. Chris quickly assessed the situation and realised the two swimmers had been carried in different directions by the rip. His first heart wrenching decision was which of the two to assist first. He decided to head for what appeared to be a young boy, around eight or nine years old. He grabbed his surfboard and paddled vigorously to the frantic but exhausted boy. He managed to pull him on to the board and reassure the boy that despite the metre plus waves crashing on to them that he would be ok. Leaving him on the beach with carers Chris returned to the water to assist the other swimmer, the boy's father who had tried to rescue his son. Chris managed to drag and push the barely conscious man on to his board and head for shore. On the beach he checked the man's vital signs which were weak, however just as he thought he may have to render Cardiopulmonary Resuscitation, emergency services arrived and took control and transported the father and son to hospital.

High commendations are awarded to Chris Goodall as there can be no doubt that his swift, selfless and courageous actions saved the lives of this father and son.



Kevin Morton



John Boyle



Chanan Clark



Conor Cleary

***Certificate of Commendation presented to:
Kevin Morton, John Boyle, Chanan Clark and Conor Cleary***

On Friday 21 January, 2011, the Wollongong City Council Lifeguards conducted what has been referred to as possibly Australia's second largest mass rescue. On duty were John Boyle, Senior Lifeguard and a 22 year veteran at Stanwell Park, Lifeguard Chanan Clark and Lifeguard Conor Cleary. The beach that day had presented some minor challenges and the experienced staff had already completed 5 minor rescues. Stanwell Park is considered amongst Wollongong's most difficult beaches to manage as it is an open facing beach that can be unpredictable at the best of times.

Shortly before 4.00pm conditions changed dramatically and a set of large waves caused as a result of cyclone activity off the north of the Australian coast swept swimmers from a shallow sandbank into an adjoining gully. The experience of the lifeguards was on display with Chanan Clark already in the water on a rescue board and John Boyle and Conor Cleary ready to put the jet skis in the water. When the first waves hit, 5 girls were washed off the sandbank and Chanan secured them on his board. Looking around he saw a ribbon of people being dragged out to sea. On reaching safety with the girls, he continued to return to the sea to rescue people. John Boyle was operating the jet ski with witnesses estimating on no less than four occasions he safely returned to shore with up to six people. Lifeguard Conor Cleary using his board performed multiple rescues returning an estimated fourteen people to the beach. The Lifeguards were assisted in the rescues by former lifeguard Kevin Morton who utilised a rescue board with similar prowess to Conor. After entering the water twice, Kevin then took control of the management of the emergency services and crowd control.

High Commendations are awarded to Kevin Morton, John Boyle, Chanan Clark and Conor Cleary. It is acknowledged that their swift and skilled actions with the available rescue and resuscitation equipment prevented a potential multiple tragedy in what were described as extremely challenging conditions.

***Certificate of Commendation presented to:
Claire Jaroszwewicz***

On 26 July, 2010 Claire was a passenger on a bus stopped outside Dee Why RSL Club when two persons attempted to rob a security van armed with guns. Security guards returned fire and one person was shot in the chest which resulted in the person later passing away in hospital of his injuries. In the cross fire a bystander was shot in the ankle at the bus stop. Claire identified herself as an off duty registered nurse and began to assist the patient with haemorrhage control using a pair of socks as improvised first aid equipment. At this stage a person believed to be armed was still at large. Despite this Claire stayed with the patient who was previously unknown to her and continued to update 000 on his injuries.

Claire Jaroszwewicz is to be highly commended for her professionalism and swift intervention which resulted in the patient making a full recovery. This is an outstanding example of how First Aid knowledge can work to help patient outcomes within the community at times of sudden illness and injury.

***Certificate of Commendation presented to:
Anne Carrigan***

At approx 9.20pm on 15 October, 2010 Anne Carrigan came across the scene of a high speed single car accident near Merriwa in Country NSW. The car was approximately 20 metres off the road with apparent major damage. Reports state the car rolled a number of times ejecting one occupant before crashing into a tree, pinning the ejected occupant. Anne showed great focus in dealing with the situation at hand – she acted quickly surveying the scene before calling 000. The call taker talked her through how to administer Cardiopulmonary Resuscitation (CPR) on the trapped patient and administer first aid to the other patients. In total there were 5 patients – 3 young adults and 2 young children. When emergency services arrived Anne continued rendering assistance performing CPR under the guidance of paramedics. Anne also assisted in treating and reassuring the children and stayed with the patients until a helicopter arrived to convey them to hospital.

High commendations are awarded to Anne Carrigan for responding quickly and without hesitation giving assistance in what must have been a very traumatic situation.

***Certificate of Commendation presented to:
Veronica Davies and Rose Bright***

At approximately 10.00pm on Friday, 21 May 2010 Rose Bright, an off duty nurse was a passenger in a car being driven by her friend, Veronica Davies. They watched in horror as the car directly in front drifted to the left of the road. Driving alongside they observed that there appeared to be nobody at the wheel. The car careered across two lanes, onto the hard shoulder then up a grass bank, before careering broadside back across three lanes and stopping at the barrier which separates the traffic flow. Incredibly, the only damage to the car was a broken headlight. Rose and Veronica risked their lives by parking their car on the hard shoulder. Rose then ran across three lanes of traffic on a busy Friday night to access the patient, while Veronica called 000. Rose immediately recognised that the 23 year old patient was in cardiac arrest. She pulled the patient from the car, laid her on the road and began Cardiopulmonary Resuscitation (CPR) and Expired Air Resuscitation (EAR) continuing until emergency services arrived approximately 4 minutes later and began defibrillation.

High Commendations are awarded to Veronica Davies and Rose Bright for their quick and selfless actions rendered to this young patient. They risked their own lives and they are directly responsible for saving this young woman's life.



*Jenni
Farquharson*



Ana Cartman

***Certificate of Commendation presented to:
Jenni Farquharson and Ana Cartman***

On 28 March, 2011, Ana Cartman was swimming at Eva Bory Swimming pool at Emu Plains when she noticed a person floating in the water. Despite being heavily pregnant she was able to drag the person to the side of the pool with the assistance of Jenni Farquharson, a 'learn to swim' teacher at the pool. Together they extricated the patient from the pool and observed that the patient was unconscious, not breathing and was without a pulse. Jenni immediately commenced Cardiopulmonary Resuscitation (CPR) and continued until emergency services arrived and conveyed the patient to hospital.

High Commendations are awarded to Jenni Farquharson and Ana Cartman for quickly assessing the situation and administering CPR in a calm and professional manner which undoubtedly saved this person's life.

***New South Wales Police Award presented to:
Constable Alicia Hickey***

On 21 February, 2010 at approximately 11.50pm Constable Hickey responded to a call regarding a male person being attacked in a street in Leichhardt. Upon arrival Constable Hickey located a male suffering from a number of stab wounds to the chest and back area and with significant facial injuries. Constable Hickey immediately took control of the situation and commenced administering first aid to the victim. As the person had stopped breathing, she commenced Cardiopulmonary Resuscitation (CPR) and continued to do so until the arrival of ambulance officers. Upon arrival of detectives and forensic officers she provided them with information regarding the incident, alerted forensics to a blood trail on the opposite side of the road and performed crime scene duties for the remainder of her shift.

High commendations are awarded to Constable Hickey who displayed great professionalism and initiative upon attending the scene. She was confronted with a number of hysterical witnesses and a victim who appeared to be unconscious and suffering horrific injuries. Her actions greatly assisted detectives with understanding the nature of the scene and all circumstances of the incident. This led to a quick arrest of offenders.



Jamie Grist

***Certificate of Commendation presented to:
Jamie Grist***

***New South Wales Police Award presented to
Senior Constable Helen Frame and Leading Senior Constable Scott Nicholls***

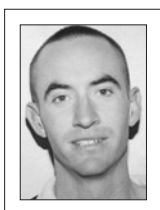
On Saturday 13 February, 2010 a ski team was competing in the President's Invitational Dash event on the Murray River, Echuca. Approaching the finish line at a speed of approximately 80 miles per hour, the vessel "Mayhem" was negotiating a bend in the river when one of the skiers has collided with the river bank. The driver immediately took evasive action to stop the vessel. As the momentum was reduced, the second skier fell from his single ski and impacted heavily with the water and was observed to be unconscious in the water. Assistance was immediately rendered to both skiers and they were carried up the river bank.

Senior Constable Helen Frame and Leading Senior Constable Scott Nicholls were on duty this day and arriving at the scene, found civilian Jamie Grist performing Cardiopulmonary Resuscitation (CPR) on the unconscious skier who had stopped breathing and had no pulse. Realising that he was becoming fatigued, Senior Constable Frame took over CPR from Jamie. Leading Senior Constable Scott Nicholls then rotated chest compressions with Senior Constable Helen Frame until emergency services took over and conveyed the skier to the awaiting ambulance.

High Commendations are awarded to Jamie Grist, Senior Constable Helen Frame and Leading Senior Constable Scott Nicholls who despite becoming physically exhausted maintained their efforts in an attempt to save a fellow human being.



*Senior
Constable
Helen Frame*



*Leading Senior
Constable
Scott Nicholls*



*Leading Senior
Constable Scott
Burtenshaw*



*Constable
Nicole Lucaci*

New South Wales Police Award presented to:

Leading Senior Constable Scott Burtenshaw and Constable Nicole Lucaci

On 16 November, 2007 at approximately 1.06pm, Leading Senior Constable Scott Burtenshaw and Constable Nicole Lucaci were patrolling in Redfern when they noticed a male person who appeared to be unresponsive. They immediately checked the male for a pulse and breathing, finding both absent. After calling for assistance, Senior Constable Burtenshaw commenced External Cardiac Compressions (ECC) and Constable Nicole Lucaci provided Expired Air Resuscitation (EAR) to the victim.

The officers continued for three minutes whereupon a faint pulse was located. A minute later the pulse was lost and the officers recommenced CPR and assisted breathing for a further seven minutes whereupon the victim's pulse returned and he commenced breathing. NSW Ambulance officers attended at 1.20pm and administered the necessary and effective medication to the victim, who quickly recovered and a short time later left the location without assistance.

High commendations are awarded to Leading Senior Constable Scott Burtenshaw and Constable Nicole Lucaci. Without the prompt and continuous actions of these officers the victim undoubtedly would have passed away at the scene without their intervention.



*Constable
Adam
Klasterka*

New South Wales Police Award presented to:

Leading Senior Constable Suzanne O'Leary and Constable Adam Klasterka

On 12 May, 2010 Leading Senior Constable Suzanne O'Leary and Constable Adam Klasterka were called to attend a hotel in Woolloomooloo in relation to the concern for the welfare of a patron who had attempted to do herself harm. They accompanied the duty manager to a room with a "Don't bother me" sign on the door. The officers located the victim lying on the bed with ear phones on and she was non responsive to verbal communication. At this time she had a pulse, however her breathing was very infrequent and shallow. Their attempts to rouse the victim were unsuccessful and they requested the urgent assistance of the ambulance service. A short time later, the victim stopped breathing and the officers could not find a pulse. They immediately commenced Cardopulmonary Resuscitation (CPR) and after a period of time, the victim began taking slow irregular gasps of air on her own. The officers continued CPR until ambulance personnel arrived who advised that they could detect a pulse. At this time ambulance personnel took over and conveyed the victim to hospital.

High Commendations are awarded to Leading Senior Constable Suzanne O'Leary and Constable Adam Klasterka. As a result of the professional policing displayed by these officers in rendering immediate assistance the young victim was able to make a full recovery.



*Constable
Courtney
Hamilton
Cruikshank*

New South Wales Police Award presented to:

Constable Courtney Hamilton Cruikshank and Constable Andrew Brooks

Early on 10 June, 2010 Constable Courtney Hamilton Cruikshank and Constable Andrew Brooks were both called to attend an armed robbery during which shots had been fired resulting in a security guard being shot.

Being first on the scene Constable Brooks found the patient unconscious, without any vital signs and immediately began Cardiopulmonary Resuscitation (CPR). When Constable Cruikshank arrived, she began Expired Air Resuscitation (EAR) on the victim to assist. Both officers continued CPR until ambulance officers arrived and were able to convey the victim to hospital.

High Commendations are awarded to Constable Courtney Hamilton Cruikshank and Constable Andrew Brooks for their actions in rendering assistance and attempting to resuscitate a fellow human being.



Alistair Lane

Certificate of Commendation presented to:

Alistair Lane

NSW Police Award presented to:

Constable Stephen Bell



*Constable
Stephen Bell*

On 7 January, 2009 Constable Stephen Bell was performing general duties when he was directed to a Coffs Harbour beach in relation to a missing swimmer. On arrival he noticed a number of people standing at the top of a walkway and pointing out to sea and directing him down on to the beach. Looking out to sea he saw Lifeguard Alistair Lane on a jet ski moving at pace across the water at the rear of the breaking waves. He was lapping backwards and forwards across the area directly in front of the beach area. At that point Alistair waved his hand and reached down in to the water, at the same time trying to manoeuvre the jet ski towards the shore. Constable Bell, realising that Alistair had found the missing swimmer, radioed for assistance and ran out into the water to help Alistair drag the man on to the beach. Constable Bell observed that the patient's face was grey and his eyes fixed and dilated. Alistair commenced External Cardiac Compressions (ECC) and Constable Bell commenced Expired Air Resuscitation (EAR). Each time he placed his mouth over the patient's mouth stomach contents bubbled and spurted, however after clearing his mouth, he continued to perform the task of EAR. They continued ECC and EAR consistently until the arrival of ambulance personnel who stabilised the patient and conveyed him to hospital.

High commendations are awarded to Constable Stephen Bell and Lifeguard Alistair Lane for their determination and precise actions in attempting to save the life of a fellow human being.



*Constable
Alexandra
Handley*

Certificates of Commendation presented to:

Constable Clint Hawes and Constable Alexandra Handley

At about 5.10pm on 30 November, 2010, Constable Clint Hawes and Constable Alexandra Handley were requested to attend a hotel in Darlinghurst where a male person had collapsed. On arrival the officers found the male lying on the ground and not breathing. They located a light pulse and observed him take one breath. Fearing he would stop breathing they commenced Expired Air Resuscitation (EAR) - Constable Hawes breathing in a mask and Constable Handley monitoring vital signs for 10 minutes until ambulance officers arrived.

Ambulance officers administered the necessary and effective medication on the patient, stating that if the officers had not initiated EAR he would not have survived due to his colouring and decreased breathing ability. After approximately 5 minutes the male person gained consciousness and refused to go to hospital.

High commendations are awarded to Constable Clint Hawes and Constable Alexandra Handley for their swift action that undoubtedly saved this person's life.

New South Wales Police Award presented to:

Detective Senior Constable Donald Geddes and Senior Constable Nathan Byrne

On 27 May, 2009 Detective Senior Constable Donald Geddes and Senior Constable Nathan Byrne were called to attend a property on the banks of the Darling River in response to a toddler that had fallen into the river and had not resurfaced. At the time the toddler had been sitting on a pontoon next to her mother. For some time the mother and grandfather could not locate the toddler due to reeds in the river, however, after some time they did manage to locate her and she was retrieved from the water.

On arrival Detective Senior Constable Geddes immediately checked for a pulse and not finding one, commenced Cardiopulmonary Resuscitation (CPR). He worked continually on the patient until ambulance personnel arrived at which time, at the request of ambulance officers, Senior Constable Byrne took over CPR. Both officers assisted placing the toddler in the ambulance to be conveyed to hospital. Detective Constable Geddes accompanied the family to the hospital and Senior Constable Byrne escorted the ambulance to expedite its arrival at the hospital.

High Commendations are awarded to Detective Senior Constable Donald Geddes and Senior Constable Nathan Byrne. The professionalism displayed by these officers and commitment to attempt to preserve the toddler's life was no less than outstanding.





*Detective Senior
Constable Shane
Gillespie*



*Senior Constable
Mark Wilmore*

New South Wales Police Award presented to:

Detective Senior Constable Shane Gillespie, Senior Constable Mark Wilmore and Senior Constable Jonathan Cartmill

Detective Senior Constable Shane Gillespie, Senior Constable Mark Wilmore and Senior Constable Jonathan Cartmill were called to attend a property in relation to a 15 year old male attempting to commit suicide by hanging. The officers ran to the backyard to discover the young person hanging from a tree with a yellow rope around his neck with his mother attempting to support his weight. They immediately cut the rope and lowered the unconscious boy to the ground. They checked the young person's vital signs and found that he was not breathing, cold to touch with mottled purple colouring and no pulse. Senior Constable Wilmore and Senior Constable Cartmill commenced Cardiopulmonary Resuscitation (CPR) while Detective Senior Constable Gillespie supported the person's neck preventing spinal injury. After some time they were successful in achieving a heart beat and shallow breathing in the young person. Shortly after ambulance paramedics arrived and took over from the officers and conveyed the patient to hospital where he was placed in an induced coma prior to being flown to Adelaide for emergency care.

High Commendations are awarded to Detective Senior Constable Shane Gillespie, Senior Constable Mark Wilmore and Senior Constable Jonathan Cartmill. The teamwork of the personnel involved in this incident can only be described as exemplary and it is only through their combined actions that the young person made a full recovery without any permanent damage.



Paul Doswell

NSW Police Award presented to:

Senior Constable Michael Emin

NSW Fire Brigades Award presented to:

Fire Officer Paul Doswell

On 9 September, 2010 Senior Constable Emin was off duty and was assisting in children's soccer matches at Kiama as part of a summer soccer competition. At approximately 6.00pm, a young boy has suddenly collapsed during a game.

Senior Constable Emin and an off duty Fire Officer Paul Doswell rushed to assist. Senior Constable Michael Emin checked for a pulse and began Cardiopulmonary Resuscitation (CPR) with the assistance of the Fire Officer, Paul Doswell. Senior Constable Emin was on the phone to 000 operators whilst performing CPR. A defibrillator was obtained and they used the machine to deliver two shocks to the young boy. Together they continued CPR for approximately twenty minutes until an ambulance personnel arrived to take over the care of the young boy.

High Commendations are awarded to Senior Constable Michael Emin and Fire Officer Paul Doswell for acting immediately and without hesitation to assist the young boy. This was an extremely stressful and upsetting situation and together they took control and did their utmost to preserve the child's life.



*Chief
Superintendent
Wayne Benson*

NSW Police Award presented to:

Chief Superintendent Wayne Benson

On Thursday, 31 December, 2009, police from Bankstown Highway Patrol were involved in a pursuit of a motor vehicle involved in two armed robbery offences. This pursuit travelled south along the M5 motorway and eventually resulted in a collision between the pursued vehicle and another car carrying a young toddler. At the time of the incident, Chief Superintendent Benson was driving to work and was aware of the incident via the police radio. He observed one of the offenders get out of their vehicle after the collision and run across the road to be apprehended by a following officer.

Chief Superintendent Benson ran to the car where the toddler was a passenger and aware that she had been injured, placed her on her back and commenced Cardiopulmonary Resuscitation (CPR) as her pulse and breathing had stopped. He continued for a period of approximately 20 minutes, unwavering with the breathing and chest compressions in an attempt to save her life.

High Commendations are awarded to Chief Superintendent Wayne Benson for responding without hesitation in what must have been a very traumatic situation and attempting to save the life of this child. This incident created was what to become known as "Skye's Law".





*Detective Senior
Constable Matthew
Stingmore*



*Constable
Alisa Coulson*

NSW Police Award presented to:

Detective Senior Constable Matthew Stingmore and Constable Alisa Coulson

At around 11.30pm on 5 June, 2009, Detective Senior Constable Matthew Stingmore and Constable Alisa Coulson were called to a shooting incident at Castle Cove. A couple sitting in their car had been fired upon by an unknown gunman. The male suffered 5 life threatening gunshot wounds, while the female sustained 1 serious but not life threatening wound.

The officers immediately endeavoured to assess the condition of the victims who were covered in blood. Constable Coulson rendered vital first aid to the male by applying pressure with her hands to stem the bleeding. When ambulance paramedics arrived and to provide victim protection, she accompanied the victim in the ambulance to hospital. Detective Senior Constable Stingmore attended the female and after convincing her to lie down, applied heavy pressure to the wound in her leg to stop the bleeding. Ambulance paramedics then took over and conveyed the female to hospital and he then resumed crime scene duties.

High Commendations are awarded to Detective Senior Constable Matthew Stingmore and Constable Alisa Coulson for their professional conduct and the administering of vital first aid which undoubtedly was responsible for saving the life of the male victim and lessening the injury of the female victim.



Derryl Bain

Rural Fire Service Award presented to:

Derryl Bain

On the morning of 29 April, 2011 Derryl Bain was driving past his family property and home in Blighty when he noticed smoke billowing from the roof of the house. Derryl immediately phoned Emergency Services. Derryl has been a volunteer member of the Rural Fire Service since 1975 and has 36 years of experience. Concerned about his brother who was the sole occupant of the premises and with his local knowledge and experience he knew that it would be 15 minutes for the nearest tanker to respond which would be too late. He ran around the house and took damp towels off the line wrapping it around his head and another over his hands. Running through the thick smoke in the house, he found his brother on the bed. He grabbed him and dragged him out of the house to the back lawn. Within seconds the roof had collapsed and he had to restrain his brother from re-entering the house. When ambulance personnel arrived, the patient was transferred to hospital suffering from smoke inhalation.

High Commendations are awarded to Derryl Bain. Given Derryl's experience and training, he would have been fully aware of the extreme danger and the ultimate consequence of entering a burning building, yet he chose to risk his life to save the life of his brother.



Kendall Thompson

Rural Fire Service Award presented to:

Kendall Thompson

During the January 2011 flood disaster that devastated parts of south west Queensland and northern New South Wales Rural Fire Service Brigade Captain Kendall Thompson was deployed as "Down the Wire Crewman" with Helitak 220 tasked for flood rescue operations. Kendall Thompson participated in the rescue of 8 people and the extraction of many others from the flood impact zone. He was winched into extremely hazardous flood waters on at least three occasions. Three of the people rescued had been swept away in their car, and in all likelihood, would not have survived without the rescue efforts of Helitak 220 and testimony also states that Crewman Thompson performed a rescue that was above and beyond normal expectation and capability.

High Commendations are awarded to Kendall Thompson who operated in weather conditions and an environment that were described as atrocious and he willingly and repeatedly placed himself in hazardous situations that were both mentally and physically demanding to the extreme.



Jennifer Cozens



Brian Lee

***Ambulance Service Award presented to:
Natasha Rogers, Jennifer Cozens and Brian Lee***

On 17 October, 2010 Natasha Rogers, Jennifer Cozens and Brian Lee were enjoying a flight to Phuket with family and friends when Jenny noticed a distraught woman walk past her carrying a small child who appeared to be limp and unconscious. Jenny followed the mother through the cabin and discovered an 18 month old boy unconscious and hardly breathing. The baby appeared to have choked on a cracker he had been eating earlier. With no advanced life saving equipment available, the three paramedics who have a combined 60 years of service experience – attempted clearing the airway obstruction with only manual techniques. Brian attempted to remove the foreign material with his fingers and then Jenny gave multiple slaps to the back. They had to continue with repeated attempts for a further 15-20 minutes. With no resuscitation mask the officers were ready to commence Expired Air Resuscitation (EAR) when their effort suddenly caused the baby to clear the cracker out of his tiny airway. Although still unconscious, the child was breathing and paramedics could now redirect some of their attention to the parents. They continued to monitor the child's condition until they landed an hour later.

High Commendations are awarded to Natasha Rogers, Jennifer Cozens and Brian Lee for immediately rendering first aid to this young child and no doubt saving his life.



Her Excellency Professor Marie Bashir AC CVO, Mr Peter Cronin NSW Branch President and the Hon Michael Gallacher MLC Minister for Emergency Services with 2011 recipients of the NSW Police Award.

Sub-Branches

ARMIDALE SUB-BRANCH

The Armidale Sub-Branch has continued to conduct lifesaving courses to the Armidale and surrounding districts during the 2011/12 year. Despite the wonderful work being done in the area, it is with great sadness, however, that this sub-branch report includes a vale on two of our longest serving members.

Neville Stuart (5.9.1927 - 19.5.2012)



Nev has been involved in teaching children to swim since his first teaching appointment to Tia as Teacher-in-Charge in 1947. Here he taught the local schoolkids to swim in the Tia River.

He took up a position as Teacher-in-Charge at Fifield in 1951. Here he had a couple of goes at teaching the local kids to swim in a muddy dam.

He was appointed to Walcha Central School in 1954. There had been a survey done that showed 85% of the local kids could not swim. He set about remedying this situation. He instituted swimming lessons in the Apsley River. The swimming hole was a section of the river about 100 yards long and 18 yards wide with good clear water (and plenty of leaches).

In 1959 he became Principal of Yarrawitch School. He kept on with the swimming lessons in the Yarrawitch River.

He returned to Walcha Central School in 1966 as Assistant Principal. At this time he began lobbying the local council for a pool to be built in town.

The life saving program at the school has been very successful with his support. Walcha Central School always finishes highly in the Helen Draper Trophy in the annual point score (often winning).

Nev became an examiner of The Society in 1973 and was often called upon to examine students sitting for awards from the Advanced Life Saving Strand after his retirement from teaching in 1987 until 2010.

Nev joined the Armidale & New England sub branch of The Society and was elected Vice President in 1978. (A position he held continuously until his death).

Nev was recognised for his work with various State and Commonwealth honours. In 2010 he was awarded life membership of NSW Branch of RLSSA.

Nev was a great supporter of the Armidale & New England sub branch. He rarely missed a meeting and was the face of the sub branch in Walcha. He will be very much missed by all.

Milton Slade (21.3.1931 - 7.3.2011)



Milton's interest in swimming and life saving began at his second teaching appointment, Dubbo High School. He coached many of the High School boys in swimming and developed a particular interest in diving. His coaching developed an interest for the boys in the sport and motivated them to continue with the sport.

His next teaching appointment was at Cessnock High School. Here he continued his interest in swimming coaching and he was appointed honorary lifeguard at the Cessnock pool.

After he secured an appointment at Armidale Teacher's College he had less time to devote to coaching and his interest turned to life saving examining. He encouraged many of the students who passed through the college to undertake life saving training.

Milton became an examiner of The Society in 1956.

Milton was elected Chief examiner of the Armidale & New England sub branch in 1970. He held this position until 1982. In his role he would give excellent advice to examiners in the sub branch and often visit them to assist with their testing. He also was vigilant in interviewing prospective examiners after they had sat for their examiner's written test. He had some interestingly obscure questions to ask these candidates.

From 1975 to 1979 he took on the role of Secretary / Treasurer of the sub branch.

After retirement in 1988 Milton maintained his interest in life saving and the sub branch. In 1989 he was elected patron of the sub branch (a position he held continuously until his death).

Milton was recognised for his work by being awarded life membership of RLSSA NSW Branch in 1984.

Milton remained an interested member of the Armidale & new England sub branch. He rarely missed a meeting and his contributions at these meetings was appreciated by all. He is missed by all sub branch members.

Peter Dooley

Armidale Sub-Branch

BALRANALD AND DISTRICT

During the 2011/2012 year we have been running many events such as Swim and Survive, School swimming programs, First Aid, Resuscitation, Carnivals, Courses etc. At present the Balranald Central School is running Extended Programs for Primary Classes. The courses offered are for Resuscitation Awareness. Students are shown how to act upon an emergency if it ever arises. The Sub Branch provides the students with equipment to learn the basics of Resuscitation. They will be awarded with a Royal Life Saving Society Resuscitation Awareness Award for their efforts throughout the year. Other courses offered at Balranald Central are SLR for Secondary students that cover units in First Aid and Resuscitation.

Laurel Stevens

Sub-Branch Secretary



NORTHERN NEW ENGLAND

Again we have had a cool, damp summer which has curtailed activities a little. We hope that the coming season will be warm and dry.

Number remained about the same, but general quality of candidates did improve.

Our Summer Vacation Classes ran successfully, with more adult Instructors and some top quality Junior Instructors. To keep costs down, candidates were not charged for classes, only pool admission and Award fees. We were able to carry out awards ranging from Swim and Survive 3 to Bronze Medallion.

To raise the quality of Resuscitation Lessons, the Sub Branch bought another defibrillator, which has enabled us to set up defibrillators for both adult and child. This has helped with the Resuscitation classes, particularly in the schools and Teacher Resuscitation Training and Renewals.

We would like to thank the Glen Innes Swim Centre and its Manager for support and assistance during the past season, and the Glen Innes Swimming Club for their support and use of facilities.

Thanks also go to Jason Phillips and the staff at Northern Regional Office for their support and ready answers to any queries.

Thanks must go to our swimmers (and parents) who have shown commitment in attending the vacation course.

The local newspaper, Glen Innes Examiner, provided valuable publicity for which we thank them.

Elizabeth Withers
President

Warwick Twigg
Secretary



Club & Competition Committee

REGISTRAR'S REPORT

The 2011-2012 Club and Competition season proved to be a wetter one than usual with the weather being more challenging for training and competing.

The NSW State trials were held in September at Granville. Although outdoors, the venue is well suited to lifesaving pool events.

Six clubs competed in the 2011-2012 Interclub competition. More than 200 club members were capitated. Attendance at all four carnivals Woronora, Engadine, The Hills and Enfield was good. New competitors in the younger age groups provided inspiration and entertainment in the efforts to do their best. Congratulations to all those who strive to achieve in the Interclub competition.

At the end of the season, the capitated membership for the clubs was:

Auburn	10
Enfield	60
Engadine	30
The Hills	65
Port Hacking	24
Woronora	23

The NSW State SERC (Simulated Emergency Response Competition) was held at the Aquatic Safety Training Academy (ASTA) on 20 November, 2011. The day was a success with 20 individuals and 20 teams competing across the program. The tests were well prepared by clubs and their mentors. Competitors found them challenging. Clubs should encourage their members to participate as this provides an excellent opportunity to practice under competition conditions.

The NSW State Championships were held over one week end on 17 & 18 March, 2012. Day 1 at Engadine, the weather tested competitors and officials alike. Day 2, at Knox Grammar, was the first time an indoor venue was used for State pool events. Twelve records were broken. A great outcome for all. On both days the officials worked well under very different and sometimes difficult conditions. Thank you to everyone.

The new year saw many NSW competitors and officials in Adelaide for the Australian Pool Lifesaving Championships held on 12 & 14 January. Congratulations to the NSW State team on their success. Congratulations also to the club teams and individuals.

The NSW State Presentation was held on 6 May at Burwood RSL Club for the second year. It was a good opportunity to congratulate fellow competitors and enjoy the spirit of friendship that plays a large role in the sport of pool lifesaving. The results revealed those who made consistent efforts throughout the season and rewarded many competitors.

Once again I acknowledge the much needed support and skills of all volunteers over the three days of state competitions, in particular Eion McCrindle (Race Secretary) and Roz Grey (Chief Referee).

Thank you to Leane Macallister, Anne Muir and the staff at RLSSA NSW branch. The support given to the Club and Competition Committee is always appreciated.

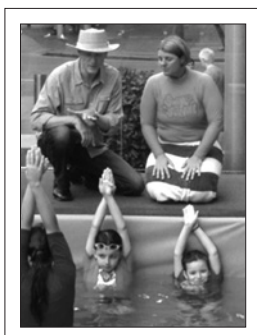
Scherie McDonell

Registrar

Swimming & Life Saving Clubs



AUBURN LIFE SAVING CLUB



With only a very small number of competitors this year we continued to support the Sport of Pool Lifesaving through officiating and competing at the metropolitan club carnivals.

From a community point of view, Auburn Life Saving Club members gladly assisted the National Office of Royal Life Saving in a number of their Sport and Water Safety programs and initiatives, including the filming of the videos for the new Water Smart Program, photo shoot for the new aquapak resources and a contribution to the Pool Lifesaving YouTube clip and Operation 10,000.

One of the highlights of the year came for 2 of the young members through their involvement in the filming of a Royal Life Saving Swim and Survive Community Service Announcement with Royal Life Saving and Uncle Tobys ambassador and Olympic swimmer Eamon Sullivan. It was such a thrill for them at the time and allowed them to realise how much lifesaving and swimming isn't just a sport but a life skill that can contribute to their development and experiences as young people.

Once again the club congratulates the NSW interstate team on their success at the Australian Pool Lifesaving Championships (APLSC). We are thoroughly looking forward to next year's competition, in particular the World Lifesaving Championships to be held in Adelaide, Australia followed by the APLSC on home soil in Sydney.

Penny Hodgers

Auburn LSC member

ENFIELD LIFE SAVING CLUB

Members enjoyed another great season of award work and competition. Our numbers increased to sixty capitated members with many returning for the 2011-2012 season as well as new and former members joining them to compete.

Our award program has grown with our instructors now being assisted by our experienced younger members.

Summary of Awards Achieved this Season

Swim & Survive L5	2
Swim & Survive L6	14
Bronze Star	7
Bronze Medallion	32
Bronze Cross	5

Thank you to all our instructors for their efforts throughout the season.

Enfield encourages its members to move towards developing their skills as an instructor, coach or lifeguard. At present we have 3 members who work as lifeguards. A number of members work as AustSwim instructors and currently there are members who will be completing an AustSwim or coaching course.

Enfield held its annual lifesaving carnival on 26 February, 2012. The day was busy and enjoyable. Our club appreciates the technical support given by officials from all the clubs who combine to help us run our carnival.

As well as regular Saturday morning training, the club scheduled extra sessions to meet the needs required for State SERC (Simulated Emergency Response Competition) and national events. Competitors results prove the benefit of practice.

The Australian Pool Lifesaving Championships in Adelaide was a success for our small team of fourteen competitors. Our strength lay in SERC, CPR and line throw. Congratulations to all those who competed.

Summary of Results

Aodhan Hannigan U14 Gold

Rowan Castro U19 CPR Silver

**Troy Rackyleft 100m Obstacles Bronze (National Record)
Line Throw Silver**

**Megan Williams Open Line Throw Gold
CPR Silver**

**Kate Shore U19 CPR Bronze
U19 Line Throw Bronze
Open Line Throw Bronze**

U19 SERC Gold – Megan Williams, Rowan Castro, Kate Shore, Jonathan Radecki

Thank you to our team manager Julie Stralow for a job well done.

Enfield supplied nine officials who once again performed a variety of interesting roles.

The RLSSA NSW State Championships SERC was held on 20 November at the Aquatic Safety Training Academy (ASTA) and the Pool Events were held on 17 & 18 March, 2012 at Engadine and Knox Grammar. Our competitors performed very well in SERC.

The Interclub Carnivals were a good opportunity to compete and socialize with friends from other clubs. Woronora as usual a great way to start the season, then Engadine with its exciting conclusion, The Hills and finally Enfield.

The NSW State Presentation on 6 May revealed those who made consistent efforts throughout the 2011-2012 season and rewarded them for those efforts. Well done.

Interclub Age Champions

Harry MacMillan 8-9

Aodhan Hannigan 12-13

Steven Williams U16

Rowan Castro U19

We look forward to the 2012-2013 season and plan to build on areas of weakness while improving on our strengths. The coming season will provide new challenges for club members.

Thank you to Kate Shore and Jonathan Radecki for stepping into the role of club captain - 2011-2012.

Thank you to our coaches, instructors and their assistants for their input as the club continues to build its knowledge and experience. Thank you also to those supporters, parents and friends who have assisted Enfield and the sport of Pool Lifesaving.

Scherie McDonell

Club Secretary



THE HILLS SWIMMING AND LIFESAVING CLUB

The 2011 – 2012 season was another busy and successful one in terms of both competition and award work. Our numbers remained high and our new members were enthusiastic not only in completing their Royal Life Saving Award but also by competing at the interclub carnivals and State Championships.

The Life Saving Committee would like to thank our Team of Instructors listed below for all their hard work throughout the season. The strength of the life saving program is due to their support every Tuesday night throughout the summer season.

Emma MacMillan	Mathew Knight	Jessica Mitchell	Alison Richardson
Jacy Harding	Donna Fishburn	Daniel Harding	Andrew Mikha
Damian Hofman	Steve Williams	Louise Smalley	Ben Fishburn

The Life Saving Club Captains – Alison Richardson and Mathew Knight did an outstanding job this season. Thank you for your commitment & efforts on a Tuesday night and your assistance at carnivals.

Interclub Carnivals and NSW State Championships

The Hills hosted its 32nd Annual Lifesaving Carnival with competitors attending from the six metropolitan clubs. This carnival was won by the strong contingent of Hills swimmers. Thank you to the parents who assisted on the day.

At the NSW State Life Saving Presentation Night the Hills Swimming and Life Saving Club was awarded The Society Centenary Shield for Outstanding Achievement in Overall Champion Point Score in SERC Tests and Pool Competition. The club has won this nine times out of the last ten years. The Hills were also awarded The Judge Harvey Prior Memorial Trophy for Outstanding Achievement in Overall Competition Points Score – Club Carnival for the tenth year in a row.

Other achievements were:-

The Sub Cadet Championship Trophy – winners combined 12–13 & Under 16 year events

The WH Walker Memorial Trophy – winners combined Under 19 and Open events

The Club and Competition Trophy – winners combined 30-44 & 45 & over events

The Walter Scott Trophy – winners Restricted Fin Relay

The Society Cup – Open Rescue Tube Relay

The Ampol Cup – winners Restricted 4 Person Team SERC

The Kleemo Cup – winners Open 4 Person Team SERC

The 1983 NSW State Men's Team Trophy – winners Open Manikin Relay

The 1983 NSW State Ladies Team Trophy – winners Open Obstacle Relay

Individual State Champions were: Jessica Windsor (8-9yrs), Louise Smalley & Daniel Smith (U/16), Tiarna Jones (U/19), Jane Cooper (equal 1st) & Andrew Bowden (Open), Tony Stanley (30-39yrs) and Daniel Harding (45+yrs).

Overall Pointscore Champions (for carnivals throughout the season) were: Sophie Richardson (12-13yrs), Talisha Jones (U/16), Tiarna Jones (U/19), Jane Cooper (Open), Louise Mashiah and Tony Stanley (30-44yrs) and Melanie Williams (45+yrs).

These outstanding results could not be possible without the commitment of all the life saving competitors and the Club congratulates them for their participation and success throughout the year.

Thank you also to the support team composed of Sandra Richardson, Tony Stanley, Pam Stanley, Steve Williams and Norm Stanley for their continued commitment, assistance and dedication. Congratulations to Steve Williams who was awarded the RLSSA NSW Distinguished Service Award for 10 years of service at a State level.

APLSC 2012

Sixteen Hills members competed at the Australian Pool Life Saving Championships 2012 at the new, 3 metre deep Aquatic Centre in Adelaide. A record number of medals were won – 86 gold, 28 silver and 16 bronze.

Daniel Smith, Alessandra & Elyssia Gasparotto, Tiarna Jones, Keelan Bridge, Jane Cooper, Rachelle King, Tim Schofield and Ben Fishburn (Reserve) competed in the NSW state team while Andrew Bowden, Paul Lemmon, Jenny & Grant Whiteley, Madeline & Sophie Richardson and Talisha Jones competed in The Hills team. Hills members Tony Stanley and Sandra Richardson were NSW State Team Coach and State Team Manager respectively. NSW won the overall championship as well as both the Men's and Women's overall championships.

Highlights

In the Under 14 competition, Sophie Richardson (3 gold, 1 silver) easily won the Female Championship by 17 points.

Daniel Smith (12 gold, 2 silver, 1 bronze) was the U/16 champion with Alessandra Gasparotto (9 gold, 1 silver, 1 bronze) coming 5th overall. Daniel was selected on the Junior Barras team.

In the U/19 females, Tiarna Jones (7 gold, 2 silver, 1 bronze) came 3rd overall with Elyssia Gasparotto (7 gold, 2 silver, 3 bronze) coming 4th overall. For the U/19 men, Ben Fishburn (1 gold, 2 silver, 1 bronze) came 4th overall and Keelan Bridge (10 gold, 2 silver, 1 bronze) came 5th overall. Tiarna and Ben were selected on the Silver Barras team.

In the Open females, Rachelle King (7 gold, 9 silver) won the overall champion while Jane Cooper (6 gold, 5 silver, 2 bronze) was selected in the Aussie Barras Team. In the Open males, Tim Schofield (10 gold, 2 silver) came 3rd overall while Andrew Bowden won the 50m manikin carry and 100m rescue medley. Andrew, Ben Fishburn, Grant Whiteley and Paul Lemmon won a bronze in the Hills Rescue Medley relay team.

Paul Lemmon (1 gold, 1 silver, 1 bronze) came 3rd in the Over 30s and also broke a Championship and National Record in the 100m obstacles. Jenny Whiteley (7 gold) won the Over 45s and also broke a Championship and National Record in the 12m Line Throw.

There were many great swims and personal bests showing the strength and depth of talent in our club.

In conclusion the Management and Staff at Waves Fitness & Aquatic Centre must also be thanked for their continued support of the Life Saving activities of the club.

Melanie Williams

Life Saving Secretary



Hills Club State Presentation Night



Members of the Hills Swimming & Lifesaving Club at the 2012 Nationals

SCULLY PARK SWIMMING AND LIFE SAVING CLUB

The Scully Park Swimming and Life Saving Club conducted a total of 23 lifesaving classes throughout the season with 66 participants enrolling to achieve RLSSA awards and 15 volunteer instructors delivering the program in season 2011-2012. The success of the lifesaving program in Tamworth is mainly due to the support of the Scully Park club and the involvement of the wider community in the recognition of the value associated with learning skills which may one day save a life.

A summary of the RLSSA awards achieved this season is as follows.

SWIM AND SURVIVE STRAND:

Water Discovery	4
Water Awareness	5
Water Sense	6
Water Wise	8
Junior Swim and Survive	5
Swim and Survive	4
Senior Swim and Survive	7

BRONZE STRAND:

Bronze Star	6
Bronze Medallion	12
Bronze Cross	6

RESUSCITATION STRAND:

Resuscitation	26
Oxygen Resuscitation	11

ADVANCED LIFE SAVING STRAND:

Award of Merit	4
Distinction	4

TEACHING AND INSTRUCTIONAL STRAND:

Junior Instructor	3
Instructor	1

EXAMINER:

Swim and Survive	1
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The Scully Park Lifesaving Program is renowned for breaking the drought and again this year was no exception. Cold, rainy weather again featured on Friday afternoons throughout the program, however, no days were cancelled and participants and instructors are to be commended on their resilience to continue the program 'rain, hail or shine'.

Training for life saving awards at Scully Park began early in October with the first course including Resuscitation, Bronze and Advanced Life Saving strand awards. Leanne Courtney, Cheryl Surtees, Clancey O'Brien and Karl Short volunteered their time and expertise to assist with the instruction and examination of this course.

Course 2 commenced in early December with a Swim and Survive strand course being conducted, again in the regular Friday afternoon rain. This course also introduced three new junior instructors to the program who were able to work in a mentor situation with some of our qualified and more experienced volunteer instructors. Katie Salter, Angus Wolfgang and Nikita Neville commenced the Junior Instructor award. Annika Wolfgang commenced the Instructor award while Ryan Parker commenced working towards his Swim and Survive Examiner qualification.

Thanks to Cassee Wallington who again volunteered to instruct the youngest participants in the course and to Junior Instructors Jay Neville, Dione Lowe, Mitchell Salter, Marlee Byrnes, Kelcee Byrnes and keen parent Karl Short, who were always reliable, enthusiastic and willing to help.

Course 3 commenced in March and included awards from the Swim and Survive, Resuscitation and Bronze strands. Most of the participants for this course were from St Edwards Catholic School following a promotion of the value of the lifesaving course by Karl Short, who teaches at the school. Nine instructors were needed for this course due to the broad range of award levels being offered. Ryan Parker, Annika Wolfgang, Angus Wolfgang, Dione Low, Jay Neville, Mitchell Salter, Katie Salter, Karl Short and Nikita Neville again volunteered their time as qualified instructors and examiners for this course.

New instructors who completed their Junior Instructor qualifications were Katie Salter, Angus Wolfgang and Nikita Neville. Annika Wolfgang completed the Instructor award and Ryan Parker completed required qualifications to become a Swim and Survive Examiner. Congratulations to these hard working volunteers on the achievement of these instructor and examiner qualifications.

Congratulations to Annika Wolfgang and Ryan Parker for being presented jointly with the Scully Park S and L S Club's Contribution to Life Saving Award at Presentation Day. Annika was a reliable and enthusiastic instructor presenting Swim and Survive, Bronze and Resuscitation courses this season. Ryan was an instructor and examiner in the courses conducted this season teaching a variety of groups in the swim and survive, resuscitation and bronze strands. He was reliable, organized and enthusiastic in his instruction at all lifesaving levels. Both Annika and Ryan were worthy recipients of this special club award.

At the end of March 2012, the Tamworth Sub-Branch of the RLSSA closed after many years of voluntary service provided by Ted Cross and more recently Brian Edgecock. I would like to thank both Ted and Brian for their significant voluntary contribution to the Scully Park S & LS Club's lifesaving program over the past 11 years and for the kind donation of valuable resuscitation equipment for our club.

The Scully Park Life Saving program relies heavily on the support of many people including the executive of the Scully Park S & L S Club and Cameron and his staff at Scully pool. It is worth noting that 29 Pool Lifeguards have come through the lifesaving program conducted by the Scully Park club over recent years.

Finally, I would like to pay tribute to the instructors and examiners for their dedication and commitment, the swimmers for their enthusiastic participation in the program, and the parents for their support of life saving during the season. The Scully Park Swimming and Life Saving Club has provided a valuable community service over the past 11 years by supporting a program which teaches vital swimming, survival, resuscitation and life saving skills, which are skills for life.

Trina Parker

Life Saving Coordinator 2011-12

WELLINGTON AMATEUR SWIMMING CLUB

We had a slow start to the season prior to Christmas due to the indifferent and cool weather. This did become better by mid January. As a result we had a slightly shorter season. This did not worry the dedicated participants and instructors as the end result was really very pleasing.

Our effective enrolment was 31. The number of Awards was as follows:

Survival	19
Rescue	27
Resuscitation	9
Junior Instructor	1
Instructor	1
Total	57

These figures are down slightly in some sections. A number of swimmers qualified for more than one award as their swimming ability had improved considerably. Well done to everyone. I am very pleased with their perseverance and the final results.

Our number of instructors was down slightly due to work commitments but we still had a great team with 7 Senior, 2 Junior and 1 Trainee instructor – a total of 10.



Ruth Arnold with St Mary's Convent School year 9 and 10 students

During term one, classes were held in conjunction with years 9 and 10 at St Mary's Convent School each Monday and Friday. Those who attended on a regular basis achieved their goal.

We had pupils who gained between them:

2 Accompanied Rescue
1 Bronze Star

5 Bronze Medallions
2 Resuscitation Certificates

The teacher in charge of the group gained the RLS Bronze Examiner Award. We hope to continue this program in term four.

My sincerest thanks must go to Sharon, Fiona, Anne, Tina, Taileigh, Matthew, Abby and our trainee Molly. Without their dedication, things would not be so successful.

Also, thank you to the Committee for their support and also to Lorraine and her staff and Michael and his staff.

We look forward to another successful and warmer summer next season. Thank you

RUTH ARNOLD

Life Saving Co-ordinator



Students participating in Lifesaving courses at Balranald Central School

Championship and Carnival Trophies

THE JUDGE HARVEY PRIOR MEMORIAL TROPHY

INTERCLUB POINTSCORE

THE HILLS S&LSC

THE SOCIETY CENTENARY SHIELD

OVERALL CHAMPIONSHIPS POINTS SCORE

INITIATIVE TESTS & POOL COMPETITION

THE HILLS S&LSC

THE LOU STEPHENS MEMORIAL TROPHY

OPEN MENS' SUPER LIFESAVER RACE

ANDREW BOWDEN - THE HILLS S&LSC

THE NERIDA MURRAY TROPHY

OPEN LADIES' SUPER LIFESAVER RACE

FELYSIA KONAKOFF - PORT HACKING LGC

THE SHOEBRIDGE CUP

OPEN MENS' 100m MANIKIN CARRY

ANDREW BOWDEN - THE HILLS S&LSC

THE C W HEYDE TROPHY

OPEN LADIES' 100m MANIKIN CARRY

FELYSIA KONAKOFF - PORT HACKING LGC

THE STAMINA TROPHY

OPEN MENS' MANIKIN TOW

MITCHELL PARKES - PORT HACKING LGC

THE WILSON REID TROPHY

OPEN LADIES MANIKIN TOW

FELYSIA KONAKOFF - PORT HACKING LGC

THE SOCIETY CUP

OPEN RESCUE TUBE RELAY

THE HILLS A S&LSC

GEORGE H. WILLIAMS MEMORIAL TROPHY

OPEN MENS' 200m OBSTACLES

ANDREW BOWDEN - THE HILLS S&LSC

THE NSW STATE TEAM TROPHY

OPEN LADIES' 200m OBSTACLES

JANE COOPER - THE HILLS S&LSC

THE 1983 NSW STATE MEN'S TEAM TROPHY

OPEN MANIKIN RELAY

THE HILLS A S&LSC

THE 1983 NSW STATE LADIES TEAM TROPHY

OPEN OBSTACLE RELAY

THE HILLS A S&LSC

THE WALTER SCOTT TROPHY

RESTRICTED FIN RELAY

THE HILLS A S&LSC

THE AMPOL CUP

RESTRICTED 4 PERSON TEAM INITIATIVE

THE HILLS B S&LSC

THE FOWLER SHIELD

OPEN MENS' INDIVIDUAL INITIATIVE

TONY STANLEY - THE HILLS S&LSC

THE J. FOWLER TROPHY

OPEN LADIES INDIVIDUAL INITIATIVE

TIARNA JONES - THE HILLS S&LSC

THE CROLICK FAMILY PLATE

U/16 LADIES INDIVIDUAL INITIATIVE

TALISHA JONES - THE HILLS S&LSC

THE ROBERT WOOD MEMORIAL TROPHY

U/16 MENS INDIVIDUAL INITIATIVE

STEVEN WILLIAMS - ENFIELD LSC

THE MCLENNAN SHIELD

12-13 YRS BOYS LINE THROW

MARK WILLIAMS - ENFIELD LSC

THE MCLENNAN SHIELD

12-13 YRS GIRLS LINE THROW

LAUREN McMAHON - ENGADINE ASC

THE KLEEMO CUP

OPEN 4 PERSON TEAM INITIATIVE

THE HILLS A S&LSC

PATTERSON CARLEY MEMORIAL TROPHY

U/16 PAIRS INITIATIVE

ENFIELD B LSC

THE SUE GILMOUR MEMORIAL TROPHY

U/11 YRS MANIKIN RELAY

ENGADINE ASC

THE MIDGET CHAMPIONSHIP TROPHY

POINTS SCORE WATER EVENTS, 8-9 & 10-11 YRS

ENGADINE ASC

THE SUB CADET CHAMPIONSHIP TROPHY

POINTS SCORE WATER EVENTS, 12-13 & U/16 YRS

THE HILLS S&LSC

W H WALKER MEMORIAL TROPHY 2010-2011

POINTS SCORE WATER EVENTS U/19 & OPEN YEARS

THE HILLS S&LSC

THE CLUB & COMPETITION TROPHY

POINTS SCORE WATER EVENTS, 30 to 44 &

45 & OVER YEARS

THE HILLS S&LSC

THE AREVA SHIELD

U/16 LADIES SUPER LIFE SAVER

COURTNEY LEWIS-STARK – ENGADINE ASC

THE AREVA SHIELD

U/16 MENS SUPER LIFE SAVER

MICHAEL EVANS - THE HILLS S&LSC



Awards Points Score

THE PRESIDENTS CUP

Tertiary Organisations
University of Newcastle
2025 Points

THE AQUATIC CLUB TROPHY

Girls High Schools
Northern Beaches Secondary Clg
Mackellar Girls Campus
2886 Points

THE MRS. S. BIDNER CUP

Girls High Schools - 2nd Place
Riverside Girls High School
1263 Points

THE CITY TATTERSALLS CLUB CUP

Boys High School
Homebush Boys High School
630 Points

THE E.A. FRY TROPHY

Co-Educational Secondary Schools
Terrigal High School
2105 Points

THE EKLUND CUP

Girls Independent Schools & Colleges
Tara Anglican School
3580 Points

THE HERBERT WAGSTAFF TROPHY

Girls Independent Schools & Colleges
- 2nd Place
Kambala School
2620 Points

THE HENDRY CUP

Boys Independent Schools & Colleges
St Ignatius College Lane Cove
4716 Points

THE ALAN MCCLURE CUP

Co-Educational Independent Schools
& Colleges
St Patricks College Sutherland
3256 Points

THE R.J. COSHOTT TROPHY

Girls Premier School of the State
Tara Anglican School
3580 Points

THE ARTHUR PARKER CUP

Boys Premier School of the State
St Ignatius College Lane Cove
4716 Points

THE CITY TATTERSALLS CLUB TROPHY

For Metropolitan Schools
St Ignatius College Lane Cove
4716 Points

THE VICTOR FROST TROPHY

Metropolitan Schools - 2nd Place
The Kings School
3914 Points

THE W. MARX TROPHY

Country Schools - 1st Place
St John The Evangelist HS Nowra
2335 Points

THE K.W. DRAPER TROPHY

Country Schools - 2nd Place
Bishop Druitt College Coffs Harbour
2262 Points

THE ALWYNNE WAGSTAFF TROPHY

Primary Schools - 1st Class
Wauchope P.S
670 Points

THE M. CULLEN TROPHY

Primary Schools - 2nd Class
Lindfield P.S
815 Points

THE BOWER CUP

Primary Schools - 2nd Class - 2nd Place
Punchbowl P.S
300 Points

THE H.F. PAULL TROPHY

Primary Schools - 3rd Class
Concord West P.S
565 Points

THE PERCY MARKS CUP

Primary Schools 4th Class
Nabiac P.S.
449 Points

THE DOMINELLI FORD TROPHY

Primary Schools - 5th Class
Borenore P.S.
260 Points

THE BRIGHTON LE SANDS RSL CLUB TROPHY

Primary Schools - 6th Class
Hill End P.S.
436 Points

THE JACK STILWELL FLYNN MEMORIAL CUP

Central Schools - 1st Class
Buladelah Central School
233 Points

THE HELEN DRAPER TROPHY

Central Schools - 2nd Class
Braidwood Central School
980 Points

THE H.C. BAMFORD TROPHY

Central Schools - 3rd Class
Coolah Central School
707 Points

THE ROWLEY VASS MEMORIAL TROPHY

Central Schools - 4th Class
Urana Central School
585 Points

THE CLIVE AUSTIN TROPHY

Central Schools - 8 & 9 Class
Hunter School of Performing Art
420 Points

THE F.D. LEANEY TROPHY

Schools for Specific Purposes
Mary Brooksbank School
630 Points

THE BILL ARTHUR CUP

Special Schools - Welfare
Anglican Youthworks Sutherland
255 Points

THE R.E. BURGOYNE MEMORIAL TROPHY

RSL Youth Clubs
Rooty Hill RSL YSC
228 Points

THE AUSTRALIA SHIELD

Army, Navy & Air Force Units
Australian Air Force Cadets
630 Points

THE ROTH SHIELD

Affiliated Life Saving Clubs
Scully Park AS & LSC
842 Points

THE KELSO KING EXCELLENCE SHIELD

Affiliated Amateur Swimming Clubs
Scully Park AS & LSC
842 Points

THE MARION MCCANN TROPHY

Affiliated Clubs on an
Improvement Basis
The Hills S & LSC
66.3%



Awards Points Place

PRESIDENT'S CUP

for Tertiary Organisations

University of Newcastle	168	2025	1st
Avondale Clg	97	1340	2nd
Total Agricultural College	79	1175	3rd
Australian Catholic University	60	900	
Charles Sturt University - Bathurst	11	92	
Macquarie University	26	270	
Southern Cross University - Lismore	19	285	
Tenterfield TAFE	22	330	
University New England - Armidale	4	60	
University of Wollongong	87	990	

THE AQUATIC CLUB TROPHY

for Girls High Schools

Northern Beaches Sec. Clg			
Mackellar Girls Campus	598	2886	1st
Riverside Girls H.S.	297	1263	2nd
Blacktown Girls H.S.	250	1083	3rd
Asquith Girls H.S.	10	65	
Auburn Girls H.S.	79	395	
Beverly Hills Intensive English Centre	18	90	
Birrong Girls H.S.	64	960	
East Hills Girls H.S.	58	870	
Georges River Clg Penshurst Girls Campus	29	145	
Macarthur Girls H.S.	121	605	
Moorefield Girls H.S.	4	20	
North Sydney Girls H.S.	41	205	
Randwick Girls H.S.	46	610	
St. George Girls H.S.	230	588	
Strathfield Girls H.S.	1	5	
Sydney Girls H.S.	143	715	
Willoughby Girls H.S.	2	10	

THE CITY TATTERSALLS CLUB CUP

for Boys High Schools

Homebush Boys H.S.	42	630	1st
East Hills Boys H.S.	41	615	2nd
Epping Boys H.S.	84	420	3rd
Asquith Boys H.S.	110	265	
Birrong Boys H.S.	1	5	
Canterbury Boys H.S.	42	210	
Randwick Boys H.S.	25	375	

THE E.A. FRY TROPHY

for Co-Educational Secondary Schools

Terrigal H.S.	147	2105	1st
Mudgee H.S.	206	1930	2nd
The Forest H.S.	202	1834	3rd
Airds H.S.	45	675	
Albion Park H.S.	77	770	
Albury H.S.	102	520	
Alstonville H.S.	65	325	
Armidale H.S.	91	1328	
Arthur Phillip H.S.	10	50	
Ashcroft H.S.	56	280	
Ballina H.S.	20	100	
Barham H.S.	62	490	
Batemans Bay H.S.	44	440	
Bathurst H.S.	5	25	

Awards Points Place

Baulkham Hills H.S.	384	1772
Bega H.S.	90	480
Billabong H.S.	25	130
Blakehurst H.S.	222	1110
Bomaderry H.S.	156	720
Bossley Park H.S.	43	215
Bourke H.S.	9	135
Brisbane Water Secondary Clg - Umina	184	545
Brisbane Water Secondary Clg - Woy Woy	18	49
Broken Hill H.S.	81	485
Bulli H.S.	23	345
Cabramatta H.S.	41	525
Callaghan Clg Jesmond Campus	15	75
Callaghan Clg Wallsend Campus	50	75
Cambridge Park H.S.	53	265
Camden H.S.	40	580
Camden Haven H.S.	4	20
Campbelltown Performing Arts H.S.	2	10
Canley Vale H.S.	41	205
Canowindra H.S.	41	505
Cardiff H.S.	2	20
Caringbah H.S.	161	1268
Carlingford H.S.	111	965
Casino H.S.	80	400
Castle Hill H.S.	82	1230
Casula H.S.	3	15
Cecil Hills H.S.	28	210
Cessnock H.S.	26	390
Chatham H.S.	6	30
Cherrybrook Technology H.S.	65	482
Chifley College Bidwill Campus	21	105
Chifley College Dunheved Campus	14	70
Cobar H.S.	1	5
Coffs Harbour H.S.	29	435
Coffs Harbour Senior College	39	585
Colo H.S.	55	505
Colyton H.S.	22	110
Condell Park H.S.	32	480
Condoblin H.S.	13	195
Coonabarabran H.S.	86	805
Corowa H.S.	52	260
Corrimal H.S.	16	220
Cowra H.S.	32	470
Cranebrook H.S.	39	195
Crestwood H.S.	32	470
Crookwell H.S.	30	150
Dapto H.S.	73	1095
Davidson H.S.	26	390
Deniliquin H.S.	47	290
Doonside H.S.	38	190
Dubbo Clg-Delroy Campus	61	304
Dubbo College Senior Campus	134	1034
Dubbo College-South Campus	48	218
Dungog H.S.	15	215
Eagle Vale H.S.	24	360
Eden Marine H.S.	60	300
Elderslie H.S.	75	375
Elizabeth Macarthur H.S.	12	180
Engadine H.S.	2	10
Erskine Park H.S.	50	730
Evans H.S.	30	150



	<i>Awards</i>	<i>Points</i>	<i>Place</i>		<i>Awards</i>	<i>Points</i>	<i>Place</i>
Fairfield H.S.	86	1290		Macksville H.S.	101	915	
Fairvale H.S.	166	830		Maitland Grossmann H.S.	30	199	
Figtree H.S.	54	790		Maitland H.S.	23	230	
Finley H.S.	48	240		Marsden H.S.	14	210	
Forbes H.S.	42	270		Matraville Sports H.S.	1	5	
Forest H.S.	26	390		Merewether H.S.	34	480	
Fort Street H.S.	23	115		Merrylands H.S.	38	432	
Francis Greenway H.S.	58	290		Miller Technology H.S.	2	10	
Georges River Clg - Peakhurst	4	40		Mitchell H.S.	11	55	
Girraween H.S.	18	260		Moorebank H.S.	5	25	
Glenmore Park H.S.	13	65		Moree Secondary Clg - Albert St	83	775	
Glenwood H.S.	103	1020		Mosman H.S.	49	735	
Gloucester H.S.	52	420		Moss Vale H.S.	54	285	
Gosford H.S.	2	10		Mount Austin H.S.	36	250	
Goulburn H.S.	7	50		Mount View H.S.	57	285	
Granville South H.S.	1	5		Mullumbimby H.S.	66	330	
Great Lakes Clg - Forster	1	10		Mulwaree H.S.	119	595	
Great Lakes Clg - Tuncurry Senio	2	10		Murray H.S.	68	340	
Gulgong H.S.	1	5		Muswellbrook H.S.	94	1126	
GyMEA H.S.	25	125		Narrandera H.S.	11	145	
Hay War Memorial H.S.	24	148		Narromine H.S.	58	327	
Heathcote H.S.	133	619		Newcastle H.S.	52	635	
Holroyd High School	8	40		Northern Beaches Sec. Clg- Cromer	165	573	
Holsworthy H.S.	188	940		Northern Beaches Sec. Clg - Manly	14	70	
Hunter River H.S.	15	90		Northmead H.S.	186	557	
Hurlstone Agricultural H.S.	245	1212		Nowra H.S.	83	835	
Illawarra Senior College	34	170		Nyngan H.S.	37	185	
Illawarra Sports H.S.	30	390		Orange H.S.	111	765	
Inverell H.S.	15	225		Parkes H.S.	1	5	
James Fallon H.S.	81	610		Peel H.S.	15	27	
James Ruse Agricultural H.S.	29	285		Pennant Hills H.S.	200	752	
Jamison H.S.	5	25		Penrith H.S.	7	35	
John Edmundson H.S.	50	750		Picnic Point H.S.	14	70	
June H.S.	46	680		Quakers Hill H.S.	327	1549	
Kanahooka H.S.	4	20		Richmond H.S.	41	205	
Kandos H.S.	49	323		Riverstone H.S.	96	460	
Katoomba H.S.	60	860		Robert Townson H.S.	34	510	
Keira H.S.	3	45		Rooty Hill H.S.	11	55	
Kellyville H.S.	87	1305		Rouse Hill High School	37	555	
Kempsey H.S.	7	105		Rutherford Technology H.S.	89	249	
Kiama H.S.	51	255		Sarah Redfern H.S.	26	390	
Killara H.S.	475	1378		Scone H.S.	3	15	
Killarney Heights H.S.	2	10		Sefton H.S.	215	637	
Kingsgrove H.S.	102	643		Shoalhaven H.S.	159	1365	
Kirrawee H.S.	25	125		Singleton H.S.	204	840	
Koorringal H.S.	45	675		Smiths Hill H.S.	27	135	
Kotara H.S.	15	75		Springwood H.S.	52	735	
Ku-ring-gai H.S.	106	592		St. Ives H.S.-St. Ives	23	345	
Lake Munmorah P.S.	36	180		St. Johns Park H.S.	87	1305	
Lambton H.S.	1	5		Sydney Distance Education H.S.	11	55	
Leeton H.S.	55	330		Sydney Secondary College - Leichhardt	4	20	
Lisarow H.S.	6	30		Sydney Technical H.S.	65	468	
Lismore H.S.	24	120		Sylvania H.S.	4	20	
Lithgow H.S.	4	20		Taree H.S.	2	15	
Loyola Senior HS	19	20		Temora H.S.	104	591	
Lurnea H.S.	28	420		Tenterfield H.S.	28	390	
				The Hills Sports H.S.	25	125	
				Toormina H.S.	80	520	
				Toronto HS	16	132	
				Tuggerah Lakes Secondary Clg - Berkeley Vale	138	1435	
				Tuggerah Lakes Secondary Clg - The Entrance	72	445	



	Awards	Points	Place
Turramurra H.S.	196	616	
Tweed River H.S.	21	105	
Ulladulla H.S.	78	1076	
Warialda H.S.	8	120	
Warilla H.S.	76	720	
Warners Bay H.S.	1	5	
Warrawong H.S.	46	230	
Wauchope H.S.	4	60	
Wellington H.S.	44	220	
West Wallsend H.S.	2	10	
West Wyalong H.S.	40	200	
Westfields Sports H.S.	64	960	
Willyama H.S.	95	543	
Windsor H.S.	15	215	
Wingham H.S.	2	10	
Winmalee H.S.	339	1195	
Wollongong H.S. of the Performing Arts	62	593	
Woolgoolga H.S.	6	30	
Woolooware H.S.	79	681	
Woonona H.S.	27	395	
Wyndham Clg	71	825	
Wyong H.S.	29	145	
Yanco Agricultural H.S.	63	630	
Yass H.S.	80	620	

THE EKLUND CUP

for Girls Independent Schools & Colleges

Tara Anglican School	532	3580	1st
Kambala School	216	2620	2nd
Loreto-Normanhurst	317	2600	3rd
Abbotsleigh School	16	240	
All Saints Catholic Girls Clg-Liverpool	55	215	
Ascham School	1	10	
Bethany College	115	985	
Bethlehem College	184	1170	
Caroline Chisholm Clg-Glenmore Pk	13	65	
Catherine McAuley-Westmead	20	300	
Cerdon College	554	1555	
Danebank Anglican School For Girls	178	1297	
Domremy Clg	120	1225	
Kildare Catholic Clg	114	735	
Loreto-Kirribilli	125	736	
Marist Sisters College-Woolwich	45	717	
Mary Mackillop Clg-Wakeley	29	375	
Meriden School	145	725	
MLC School	107	1405	
Monte Sant Angelo Mercy Clg Ltd-Nth Syd	180	1080	
Mount St. Benedict Clg-Pennant Hills	152	1003	
Nagle College	84	420	
New England Girls School	11	155	
Our Lady of Mercy Clg Burraneer-Cronulla	258	1617	
Our Lady of Mercy Clg-Parramatta	44	230	
Our Lady of The Sacred Heart Clg-Kensington	25	375	
Presbyterian Ladies College-Armidale	302	2290	
Presbyterian Ladies College-Croydon	142	393	
Pymble Ladies Clg	82	1168	
Ravenswood School for Girls	284	2462	
Roseville College	390	1045	
SCEGGS-Darlinghurst	26	390	
St. Euphemia College	21	315	
St. Josephs Catholic Clg - East Gosford	195	1041	

	Awards	Points	Place
St. Marys Star of the Sea Clg Ltd - Wollongong	87	1305	
St. Patricks Clg - Campbelltown	163	755	
St. Scholasticas College Ltd - Glebe	3	15	
Tangara School for Girls	30	472	
Wenona School	457	2588	

THE HENDRY CUP

for Boys Independent Schools & Colleges

St. Ignatius College-Lane Cove	454	4716	1st
The Kings School	711	3914	2nd
Trinity Grammar School	254	2654	3rd
Christian Brothers H.S.-Lewisham	4	50	
Cranbrook School	123	919	
De La Salle Clg-Caringbah	147	1141	
Holy Cross Clg-Ryde	39	195	
La Salle Catholic Clg-Bankstown	49	245	
Marist College-Eastwood	109	1085	
Marist College-North Shore	47	235	
Marist College-Penshurst	11	55	
Newington College	176	1118	
Parramatta Marist H.S.	14	200	
Patrician Brothers Clg - Blacktown	304	1642	
Patrician Brothers Clg - Fairfield	45	605	
St. Aloysius College-Milsons Point	145	880	
St. Edwards Christian Brothers Clg-Gosford	71	1055	
St. Gregorys College-Campbelltown	14	210	
St. Josephs College-Hunters Hill	307	1625	
St. Marys Cathedral Clg - Sydney	60	890	
St. Patricks Clg - Strathfield	13	65	
St. Pauls Catholic College - Greystanes	144	2160	
St. Pius X College- Chatswood	123	615	
St. Stanislaus College	9	90	
The Armidale School	15	225	
The Scots College-Bellevue Hill	177	1760	
Trinity Grammar Prep School	8	40	
Tudor House	35	175	

THE ALAN MCCLURE CUP

for Co-Educational Independent School & Colleges

St Patricks College Sutherland	431	3256	1st
Newman Snr Tech College	164	2460	2nd
St. John The Evangelist H.S.-Nowra	168	2335	3rd
All Saints Catholic Senior Clg-Casula	86	1290	
All Saints Clg - Bathurst	12	70	
All Saints Clg - St. Josephs - Lochinvar	91	582	
All Saints Clg - St. Marys - Maitland	55	360	
All Saints P.S.-Tumbarumba	6	30	
Anglican Technical College West Syd.	11	55	
Aquinas College-Menai	60	900	
Australian International Academy	11	165	
Avondale School	125	1310	
Barker College	573	1766	
Bede Polding College	255	1585	
Belmont Christian College	82	1230	
Berowra Christian Community School	15	75	
Bishop Druitt College - Coffs Harbour	295	2262	
Blue Mountains Grammar School	10	100	
Broughton Anglican College	88	491	
Carinya Christian School-Tamworth	20	200	
Catherine McAuley P.S.-Orange	14	70	
Chevalier College	62	920	



	Awards	Points	Place
Christ The King P.S.-Bass Hill	20	100	
Chrysalis Steiner School	23	345	
Clancy Catholic Clg-West Hoxton	69	785	
Coffs Harbour Christian Community Secondary School	21	315	
Condell Park Christian School	5	11	
Currawah Adventist Aboriginal College	12	180	
De La Salle Clg-Cronulla	38	190	
Delany Clg	53	265	
Dubbo Christian School	14	210	
Emmaus Catholic Clg	27	405	
Freeman Catholic Clg	3	15	
Gilroy College	102	510	
Good Samaritan Catholic College -Hinchinbrook	90	760	
Good Shepherd P.S.Hoxton Park	83	191	
Good Shepherd P.S.Plumpton	4	20	
Henschke P.S.	37	555	
Heritage College-Sydney (Christadelphian)	35	218	
Holy Spirit College-Lakemba	89	445	
Holy Trinity P.S.-Granville	19	95	
Holy Trinity P.S.-Wagga	42	420	
Holy Trinity School-Inverell	35	175	
Hunter Valley Grammar School	139	822	
Illawarra Christian School-Cordeaux	13	114	
Immaculate Heart of Mary P.S.-Sefton	31	155	
James Sheahan Catholic H.S.	235	1204	
Jervis Bay Christian Community School	14	210	
John Paul College-Coffs Harbour	54	565	
John the Baptist P.S.-Bonnyrigg Heights	52	260	
John Therry Catholic H.S.-Rosemeadow	56	830	
Key College-Chapel Campus	5	75	
Kinross Wolaroi School	234	2124	
La Salle Academy-Lithgow	72	840	
Lakes Grammar an Anglican School	100	407	
Linuwel School	35	377	
Lutheran P.S. Wagga Wagga Inc.	33	165	
Macarthur Anglican School	55	825	
Mackillop Catholic College-Bathurst	4	11	
Mackillop Catholic College-Warnervale	110	1360	
Macquarie Anglican Grammar School	17	195	
Macquarie College-Wallsend	43	215	
Magdalene Catholic H.S.	74	851	
Marian Catholic Clg-Griffith	127	1225	
Marian Catholic College-Kenthurst	267	1177	
Mater Dei Catholic Clg - Wagga	58	290	
Mater Dei Catholic P.S.-Wagga	55	545	
Moriah College	72	800	
Mount Carmel H.S.-Varroville	57	825	
Northern Beaches Christian School	75	1125	
Nowra Anglican Clg	47	705	
Oakhill College	236	2031	
O'Connor Catholic College-Armidale	230	1258	
Our Lady of Fatima P.S.-Caringbah	32	160	
Our Lady of Lourdes P.S.-Earlwood	18	90	

	Awards	Points	Place
Our Lady of Mount Carmel P.S.	61	305	
Mt Pritchard	25	125	
Our Lady of the Rosary P.S.-Kensington	25	125	
Our Lady Queen of Peace School -Greystanes	142	306	
Our Lady Star of the Sea P.S.-Miranda	31	155	
Pacific Hills Christian School	85	431	
Penrith Anglican College	15	75	
Queenwood School	16	156	
Red Bend Catholic College	136	1035	
Redeemer Baptist School	280	1118	
Regina Coeli P.S.	24	120	
Rosebank College	85	425	
Rouse Hill Anglican College	107	107	
Sacred Heart Central School - Cootamundra	65	665	
Sacred Heart P.S.-Cabramatta	30	130	
Sacred Heart P.S.-Tocumwal	5	25	
Sacred Heart P.S.-Wagga/Koorringal	19	95	
Sacred Heart P.S.-Westmead	20	100	
Sacred Heart PS- Koorringal	12	180	
Santa Sabina Clg-Strathfield	220	1428	
Scone Grammar School	196	973	
Shearwater Steiner School	17	170	
Shoalhaven Anglican School	40	600	
Southern Highlands Christian School	32	248	
St. Aloysius P.S.-Cronulla	22	110	
St. Ambroses P.S.-Concord	1	5	
St. Annes P.S.-Albury	21	105	
St. Annes School-Temora	25	125	
St. Anthonys P.S.-Marsfield	18	90	
St. Bernards P.S.-Batehaven	25	125	
St. Brendans P.S. - Annandale	13	65	
St. Brendans P.S.-Bankstown	17	85	
St. Brendans P.S.-Ganmain	6	90	
St. Brigids P.S.-Coogee	20	100	
St. Catherine Laboure P.S.-Gymea	29	145	
St. Catherine of Siena P.S.-Prestons	42	210	
St. Catherines Catholic Clg - Singleton	6	50	
St. Charles P.S.-Ryde	30	150	
St. Christophers P.S.-Holsworthy	22	110	
St. Christophers P.S.-Panania	25	125	
St. Clares H.S.-Taree	104	586	
St. Declans P.S.-Penshurst	25	125	
St. Felix P.S.-Bankstown	22	110	
St. Fiacres P.S.-Leichhardt	10	50	
St. Francis De Sales P.S.-Woollooware	16	80	
St. Francis De Sales Regional Clg-Leeton	104	720	
St. Francis of Assisi Regional P.S. - Paddington	19	95	
St. Francis Xavier P.S. - Woolgoolga	27	405	
St. Francis Xaviers Clg-Hamilton	77	385	
St. Francis Xaviers P.S.-Lake Cargelligo	4	20	
St. Francis Xaviers P.S.-Lurnea	27	135	
St. Gabriels P.S.-Bexley	15	75	
St. George Christian School-Hurstville	39	585	
St. Gertrudes P.S.-Smithfield	47	235	
St. Ignatius P.S.-Bourke	8	40	
St. James P.S.- Forest Lodge	14	70	
St. Joan of Arc P.S. - Haberfield	19	95	
St. John Bosco College-Engadine	88	740	



	Awards	Points	Place
St. John Vianneys P.S.-Greenacre	26	130	
St. Johns Clg-Lismore	55	275	
St. Johns College-Dubbo East	290	1677	
St. Johns P.S.-Auburn	58	290	
St. Johns P.S.-Cobar	25	235	
St. Johns P.S.-Dubbo	28	140	
St. Johns P.S.-Riverstone	19	95	
St. Joseph The Worker P.S. - Auburn South	16	80	
St. Joseph's Clg-Tweed Heads	83	625	
St. Josephs CS- Blayney	10	50	
St. Josephs H.S. - Aberdeen	13	125	
St. Josephs Hastings Regional School			
-Pt Macquarie	120	1150	
St. Josephs P.S. - Grenfell	5	25	
St. Josephs P.S. - Belmore	30	150	
St. Josephs P.S. - Como/Oyster Bay	26	130	
St. Josephs P.S. - Culcairn	9	55	
St. Josephs P.S. - Enfield	32	160	
St. Josephs P.S. - Finley	7	105	
St. Josephs P.S. - Jerilderie	4	20	
St. Josephs P.S. - Junee	12	60	
St. Josephs P.S. - Leeton	29	435	
St. Josephs P.S. - Moorebank	1	5	
St. Josephs P.S. - Narrandera	15	225	
St. Josephs P.S. - Oatley	67	119	
St. Josephs P.S. - Riverwood	22	110	
St. Josephs P.S. - Rockdale	15	75	
St. Josephs P.S. - Wagga	13	195	
St. Josephs P.S. - Wee Waa	9	45	
St. Josephs P.S.-Tweed Heads	26	130	
St. Josephs School - Glenn Innes	20	100	
St. Kevins P.S. - Eastwood	19	95	
St. Laurences School - Forbes	20	100	
St. Lawrences C.S.-Coonabarabran	30	44	
St. Lukes P.S. - Revesby	36	180	
St. Margaret Marys P.S.Merrylands	31	465	
St. Marks College	19	91	
St. Mark's Coptic Orthodox College			
- Wattle Grove	27	405	
St. Marouns College - Dulwich Hill	52	540	
St. Mary - St. Joseph P.S. - Maroubra	19	95	
St. Marys C.S.-Wellington	53	525	
St. Marys P.S I-Warren	9	135	
St. Marys P.S. - Batlow	34	510	
St. Marys P.S. - Concord	26	130	
St. Marys P.S. - North Sydney	14	70	
St. Marys P.S. - Toukley	30	150	
St. Marys P.S. - Young	11	55	
St. Marys P.S.-Armidale	17	85	
St. Marys War Memorial School			
- West Wyalong	9	45	
St. Matthews C.S. - Mudgee	27	200	
St. Michaels P.S. - Daceyville	15	75	
St. Michaels P.S. - Lane Cove	32	160	
St. Michaels P.S. - Meadowbank	25	125	
St. Michaels P.S. - Stanmore	16	80	
St. Patrick Parish School	34	170	
St. Patricks Clg - Sutherland	121	690	
St. Patricks Marist Clg - Dundas	51	705	
St. Patricks P.S. - Griffith	70	580	
St. Patricks P.S. - Holbrook	7	45	

	Awards	Points	Place
St. Patricks P.S. - Kogarah	22	110	
St. Patricks P.S. - Summer Hill	12	60	
St. Patricks P.S. - Sutherland	109	545	
St. Patricks P.S. - Trundle	6	30	
St. Patricks Parish School - Cooma	2	10	
St. Paul of the Cross P.S. - Dulwich Hill	24	120	
St. Pauls College - Walla Walla	79	966	
St. Pauls College - West Kempsey	6	90	
St. Pauls Grammar School - Cranebrook	33	495	
St. Pauls H.S. - Port Macquarie	74	560	
St. Peter Chanel P.S. - Regents Park	29	145	
St. Peters Anglican Clg - Broulee	42	630	
St. Peters Catholic Clg - Tuggerah Lakes	22	206	
St. Philomenas School - Moree	44	660	
St. Pius X H.S. - Adamstown	58	290	
St. Raphaels C.S. - Cowra	23	150	
St. Thereses P.S. - Denistone	9	45	
St. Thereses P.S. - Lakemba	1	5	
St. Thereses P.S. - Mascot	37	185	
St. Thereses P.S. - Padstow	15	75	
St. Thereses P.S. - Sadler	27	135	
St. Thomas Aquinas P.S. - Springwood	27	135	
St. Thomas Mores P.S.			
- Brighton-Le-Sands	70	134	
St. Vincents P.S.-Ashfield	22	110	
St.James P.S.-Banora Point	52	550	
St's Peter & Paul P.S.	19	95	
Terra Sancta College-Quakers Hill	19	95	
The Hills Grammar School	219	638	
The Illawarra Grammar School	112	910	
The McDonald Clg - Strathfield	36	180	
The Riverina Anglican College	16	91	
The Scots School-Albury	184	457	
Trinity Anglican Clg - Albury	1	5	
Trinity Catholic Clg-Auburn	97	485	
Trinity Catholic Clg-Lismore	154	1285	
Wagga Wagga Christian College	26	390	
Xavier Catholic Clg-Ballina	18	270	
Xavier College	3	15	
Xavier H.S.-Albury	80	580	
Yeshiva College	5	75	

THE ALWYNNE WAGSTAFFE TROPHY

for Primary Schools 1st Class

Wauchope P.S.	134	670	1st
Hurstville P.S.	81	405	2nd
Greenacre P.S.	69	345	3rd
Artarmon P.S.	51	255	
Auburn P.S.	46	230	
Auburn West P.S.	46	230	
Bankstown P.S.	54	270	
Beecroft P.S.	17	85	
Cabramatta P.S.	10	120	
Caddies Creek P.S.	57	285	
Dalmeny P.S.	11	55	
Dapto P.S.	6	30	
Dubbo South P.S.	48	240	
Forster P.S.	23	115	
Hampden Park P.S.	59	295	
Harbord P.S.	49	245	
Harrington Park P.S.	43	215	



Awards Points Place

Harrington Street P.S.	61	305
Hassall Grove P.S.	46	230
Lindfield East P.S.	37	185
Matthew Pearce P.S.	65	325
Orange P.S.	35	175
St. Andrews P.S.-St. Andrews	1	5
St. Johns Park P.S.-St. Johns Pk	6	30
Strathfield South P.S.	49	245
Tacking Point P.S.	46	230

THE M CULLEN TROPHY

for Primary School-2nd Class

Lindfield P.S.	73	815	1st
Punchbowl P.S.	60	300	2nd
Grafton P.S.	58	290	3rd
Albion Park Rail P.S.	15	95	
Albury P.S.	35	175	
Batemans Bay P.S.	40	200	
Baulkham Hills North P.S.	1	5	
Belair P.S.	25	125	
Beverly Hills P.S.	2	10	
Bidwill P.S.	48	236	
Birrong P.S.	35	175	
Bowral P.S.	27	135	
Brighton-Le-Sands P.S.	41	205	
Busby West P.S.	41	205	
Cabramatta West P.S.	9	45	
Camden South P.S.	36	180	
Campsie P.S.	42	210	
Caringbah North P.S.	19	95	
Carlton South P.S.	30	150	
Chatswood P.S.	1	5	
Chester Hill P.S.	29	145	
Clemtown Park P.S.	37	185	
Colyton P.S.	41	205	
Crawford P.S.	39	195	
Crestwood P.S.	44	220	
Croydon P.S.	35	175	
Cudgong Valley P.S.	5	25	
Currans Hill P.S.	23	115	
Earlwood P.S.	43	215	
Eastwood P.S.	40	200	
Edgeworth P.S.	42	210	
Fairfield P.S.	29	145	
Fairvale P.S.	1	5	
Flinders P.S.	41	205	
Forestville P.S.	37	185	
Glendenning P.S.	27	135	
Glenmore Park P.S.	23	115	
Gosford P.S.	27	135	
Granville P.S.	45	225	
Green Valley P.S.	38	190	
Guildford West P.S.	26	130	
Haberfield P.S.	38	190	
Hammondville P.S.	32	160	
Harcourt P.S.	35	175	
Hazelbrook P.S.	23	115	

Awards Points Place

Hobartville P.S.	38	190
Homebush P.S.	33	165
Hornsby North P.S.	40	200
Illaroo Road P.S.	39	195
Ingleburn PS	36	180
Jasper Road P.S.	52	260
Jewells P.S.	1	5
John Purchase P.S.	34	170
Kellyville Ridge P.S.	41	205
King Park P.S.	30	150
King Street P.S.	29	145
Kings Langley P.S.	33	165
Kingsgrove PS	39	195
Kurri Kurri P.S.	2	10
Lansvale P.S.	46	230
Leumeah P.S.	35	175
Macquarie Fields P.S.	39	195
Marayong P.S.	51	255
Marsden Road P.S.	52	260
Moree P.S.	47	235
Mosman P.S.	36	180
Moss Vale P.S.	40	200
Mount Annan P.S.	35	175
Mount Terry P.S.	43	215
Mudgee P.S.	33	165
Newbridge Heights P.S.	32	160
North Rocks P.S.	33	165
Nowra P.S.	48	240
Oak Flats P.S.	1	5
Oatley West P.S.	28	140
Parkes P.S.	39	195
Parklea P.S.	49	245
Parramatta West P.S.	40	200
Peakhurst P.S.	30	150
Pennant Hills P.S.	27	135
Prestons P.S.	28	140
Pymble P.S.	29	145
Quakers Hill East P.S.	4	20
Quakers Hill P.S.	32	160
Ramsgate P.S.	26	130
Regentville P.S.	22	110
Robert Townson P.S.	2	10
Rosehill P.S.	30	150
Rosemeadow PS	39	195
Sackville Street P.S.	30	150
Samuel Gilbert P.S.	34	170
Samuel Terry P.S.	24	120
Sans Souci P.S.	29	145
Shalvey P.S.	33	165
Shelley P.S.	41	205
Shellharbour P.S.	1	5
Sherwood Ridge P.S.	2	10
St. Ives North P.S.	39	102
Strathfield North P.S.	2	10
Tamworth P.S.	55	285
Tanilba Bay P.S.	8	40
Thomas Acres P.S.	26	130
Thornton P.S.	40	200
Toongabbie P.S.	29	145
Turrumurra P.S.	23	115
Ulladulla P.S.	43	215



THE H.F PAULL TROPHY

	Awards	Points	Place
Glendore P.S.	2	10	
Glenmore Road P.S.	21	105	
Gordon West PS	28	140	
Gosford East P.S.	5	25	
Grahamstown P.S.	19	95	
Grays Point P.S.	22	110	
Guildford P.S.	26	130	
Gymea North P.S.	17	85	
Hamilton South P.S.	11	55	
Hunters Hill P.S.	21	105	
Inverell P.S.	17	85	
Jamisontown P.S.	18	90	
John Warby P.S.	33	165	
Kareela P.S.	19	95	
Kegworth P.S.	20	100	
Kiama P.S.	4	20	
Kingswood P.S.	14	70	
Kingswood South P.S.	38	190	
Kogarah P.S.	21	105	
Koonawarra P.S.	30	150	
Lake Albert P.S.	31	155	
Lakemba P.S.	31	155	
Lane Cove West P.S.	1	5	
Lavington East P.S.	20	100	
Lavington P.S.	1	5	
Lisarow P.S.	1	5	
Lismore P.S.	27	135	
Macksville P.S.	37	185	
Maitland P.S.	22	110	
Marayong South P.S.	18	90	
Medowie P.S.	25	125	
Merrylands P.S.	23	115	
Metford P.S.	23	115	
Miller P.S.	16	80	
Minnamurra P.S.	28	140	
Mittagong P.S.	29	145	
Moama P.S.	21	105	
Morgan Street P.S.	29	145	
Mortdale PS	30	150	
Mount Austin P.S.	29	145	
Mount Brown P.S.	20	100	
Mount Pritchard P.S.	25	125	
Mount St Thomas P.S	21	105	
Muswellbrook South P.S.	26	130	
Narrabri PS	34	170	
Narraweena P.S.	23	115	
Narromine P.S.	21	105	
Normanhurst West P.S.	23	115	
Oatley P.S.	22	110	
Padstow Park P.S.	1	5	
Panania P.S.	28	140	
Peakhurst West P.S.	20	100	
Penrith P.S.	25	125	
Penrith South P.S.	31	155	
Penshurst P.S.	31	155	
Picnic Point P.S.	26	130	
Point Clare P.S.	30	150	
Putney P.S.	23	115	
Raymond Terrace P.S.	30	150	
Revesby South P.S.	21	105	
Roselea P.S.	22	110	



	Awards	Points	Place
Ruse P.S.	23	115	
Ryde P.S.	26	130	
Sanctuary Point P.S.	52	260	
Seaforth P.S.	24	120	
Seven Hills West P.S.	23	115	
Shell Cove P.S.	2	10	
South Wagga P.S.	25	125	
South West Rocks P.S.	19	95	
Springwood P.S.	21	105	
Toormina P.S.	20	100	
Tumut P.S.	26	130	
Tuncurry P.S.	27	135	
Turvey Park P.S.	29	145	
Villawood North P.S.	25	125	
Wakehurst P.S.	18	90	
Warners Bay PS	24	120	
Warragamba P.S.	22	110	
Wentworthville P.S.	14	70	
Werrington County P.S.	16	80	
Werrington P.S.	29	145	
Westport P.S.	37	185	
Wideview P.S.	21	105	
Wingham Brush P.S.	11	55	
Woonona P.S.	25	125	
York P.S.	30	150	
Yowie Bay P.S.	29	145	

THE PERCY MARKS CUP

for Primary School-4th Class

Nabiac P.S.	220	449	1st
Buninyong P.S.	49	395	2nd
Coffs Harbour P.S.	65	325	3rd
Abermain P.S.	15	75	
Albury North P.S.	81	158	
Aldavilla P.S.	25	125	
Alfords Point P.S.	13	65	
Ambarvale P.S.	27	135	
Appin P.S.	13	65	
Ashcroft P.S.	21	105	
Asquith P.S.	19	95	
Austinmer P.S.	15	75	
Bathurst South P.S.	14	70	
Bellambi P.S.	15	75	
Berinba P.S.	27	135	
Berkeley West P.S.	32	160	
Berry P.S.	15	75	
Bert Oldfield P.S.	18	90	
Bomaderry P.S.	28	140	
Bonnyrigg P.S.	38	190	
Bourke P.S.	30	150	
Bourke Walgett School of Distance Education	17	85	
Braddock P.S.	28	140	
Broken Hill P.S.	27	135	
Bundanoon P.S.	12	60	
Burnside P.S.	16	80	
Busby P.S.	21	105	

	Awards	Points	Place
Callala P.S.	27	135	
Camden P.S.	26	130	
Campbellfield P.S.	27	135	
Canowindra PS	2	10	
Carramar P.S.	27	215	
Cartwright P.S.	13	65	
Chertsey P.S.	15	75	
Clarence Town P.S.	20	100	
Cobbitty P.S.	11	55	
Comleroy Road P.S.	2	10	
Concord P.S.	1	5	
Coorangbong P.S.	12	60	
Cootamundra P.S.	20	100	
Cronulla South P.S.	20	100	
Crown Street P.S.	18	90	
Culburra P.S.	20	100	
Cundletown P.S.	17	85	
Dee Why P.S.	18	90	
Deniliquin South P.S.	17	85	
Dobroyd Point P.S.	19	95	
Eastlakes P.S.	20	100	
Emerton PS	25	125	
Enfield P.S.	19	95	
Erskinvilla P.S.	17	85	
Forest Hill P.S.	16	80	
Forest Lodge P.S.	16	80	
Franklin P.S.	22	110	
Glenfield P.S.	22	110	
Glenwood P.S.	16	80	
Glossodia P.S.	16	80	
Gloucester P.S.	19	95	
Gulmarrad P.S.	20	100	
Gunnedah P.S.	29	145	
Heathcote P.S.	2	10	
Heckenberg P.S.	22	110	
Henry Fulton P.S.	16	80	
Hornsby Heights P.S.	16	80	
Hume P.S.	35	175	
Irrawang P.S.	38	190	
John Palmer P.S.	24	120	
June North P.S.	17	85	
Kambora PS	27	135	
Kandos P.S.	1	5	
Kearns P.S.	15	75	
Kemps Creek P.S.	11	55	
Kempsey East P.S.	17	85	
Kempsey South P.S.	18	90	
Killara P.S.	16	80	
Kirrawee P.S.	19	95	
Lalor Park P.S.	33	165	
Lapstone P.S.	15	75	
Laurieton P.S.	14	70	
Leonay P.S.	15	75	
Lismore Heights P.S.	21	105	
Meadowbank P.S.	10	50	
Menai P.S.	11	55	
Middleton Grange P.S.	9	45	
Millthorpe P.S.	17	85	
Minto P.S.	14	70	
Moree East P.S.	13	65	
Mount Kuring-gai P.S.	9	45	



	Awards	Points	Place
Mount Pritchard East P.S.	17	85	
Mullaway P.S.	9	45	
Murrumburrah PS	25	125	
Murwillumbah P.S.	23	115	
Nambucca Heads P.S.	21	105	
Nareena Hills P.S.	18	90	
Narellan P.S.	17	85	
Narrandera P.S.	24	120	
North Nowra P.S.	23	115	
North Wagga P.S.	17	85	
Oakdale P.S.	12	60	
Oatlands P.S.	8	40	
Old Guildford P.S.	20	100	
Orange East P.S.	12	60	
Padstow North P.S.	16	80	
Pagewood P.S.	13	65	
Parkes East P.S.	29	145	
Parkview P.S.	21	105	
Parramatta East P.S.	22	110	
Pelaw Main P.S.	12	60	
Pendle Hill P.S.	16	80	
Plattsburg P.S.	33	165	
Railway Town P.S.	19	95	
Regents Park P.S.	21	105	
Richmond P.S.	21	105	
Robertson P.S.	13	65	
Sawtell P.S.	28	140	
School of the Air	17	85	
Seven Hills North P.S.	10	50	
Shortland P.S.	32	160	
St. Clair P.S.-St. Clair	34	170	
St. Ives Park P.S.	14	70	
St. Marys South P.S. - St Marys	1	5	
Stanwell Park P.S.	18	90	
Stockton P.S.	17	85	
Sussex Inlet P.S.	1	10	
Sutherland North PS	16	80	
Swansea P.S.	25	125	
The Grange P.S.	14	70	
The Meadows P.S.	17	85	
The Sir Henry Parkes Memorial P.S.	26	130	
Tighes Hill P.S.	19	95	
Tolland P.S.	37	185	
Toongabbie West P.S.	15	75	
Tower Street P.S.	10	50	
Urunga P.S.	21	105	
Villawood East P.S.	9	45	
Wallsend P.S.	23	115	
Warrimoo P.S.	11	55	
Wattawa Heights P.S.	20	100	
West Ryde P.S.	20	100	
West Wollongong P.S.	17	85	
Windang P.S.	18	90	
Woodberry P.S.	25	125	
Woodland Road P.S.	9	45	
Woronora River P.S.	10	50	
Yass P.S.	14	70	
Yates Avenue P.S.	1	5	

THE DOMINELLI FORD TROPHY

for Primary School-5th Class

	Awards	Points	Place
Borenore PS	52	260	1st
Wongarbon P.S.	47	235	2nd
Cudal P.S.	110	230	3rd
Albury West P.S.	17	85	
Arcadia P.S.	7	35	
Badgerys Creek P.S.	4	20	
Barrington P.S.	7	35	
Bedgerebong P.S.	2	10	
Berrima P.S.	10	50	
Binalong P.S.	4	20	
Biraban PS	11	55	
Blandford P.S.	8	40	
Bowning P.S.	4	20	
Bribbaree P.S.	3	15	
Cawdor P.S.	8	40	
Coledale P.S.	1	5	
Comboyne P.S.	17	85	
Copmanhurst P.S.	11	165	
Corindi P.S.	12	60	
Corowa South P.S.	8	40	
Cowan P.S.	5	25	
Crabbes Creek PS	3	15	
Curlewis P.S.	6	30	
Douglas Park P.S.	9	45	
Drummond Memorial P.S.	22	110	
Duri P.S.	15	75	
Gilgai P.S.	7	35	
Greenhill P.S.	7	35	
Greenwell Point P.S.	6	30	
Hamilton North PS	11	55	
Henty P.S.	9	45	
Hillside P.S.	5	25	
Hinton P.S.	7	35	
Horsley Park P.S.	7	35	
Iluka P.S.	8	40	
Ingleburn North P.S.	10	50	
Iona P.S.	5	25	
Jannali P.S.	10	50	
June P.S.	15	75	
Kapooka P.S.	7	35	
Koorawatha P.S.	2	4	
Lansvale East P.S.	14	70	
Largs P.S.	11	55	
Leppington P.S.	9	45	
Lyndhurst P.S.	10	50	
Maimuru P.S.	3	15	
Manildra P.S.	1	5	
Marrickville P.S.	18	90	
Marsden Park P.S.	1	5	
Matong P.S.	4	20	
Melrose Park P.S.	12	60	
Millfield P.S.	8	40	
Monteagle P.S.	4	20	
Mount Hunter P.S.	3	15	
Mount Kanwary PS	6	30	
Mulwala P.S.	6	30	
Nashdale P.S.	3	15	
Nowra Hill P.S.	39	195	



	Awards	Points	Place
Otford P.S.	3	15	
Pretty Beach P.S.	14	70	
Riverwood P.S.	8	40	
Rukenvale P.S.	18	90	
Rye Park P.S.	22	83	
Rylstone P.S.	11	55	
Salt Ash P.S.	8	40	
Scarborough P.S.	4	20	
Stroud P.S.	15	75	
Stuarts Point P.S.	11	55	
Sylvania P.S.	9	45	
Table Top P.S.	12	60	
Timbumburi P.S.	8	40	
Tomerong P.S.	8	40	
Vineyard P.S.	4	20	
Walla Walla P.S.	21	105	
Wangi Wangi P.S.	6	30	
Wombat P.S.	3	15	
Wyalong P.S.	10	50	
Yarrawarrah P.S.	13	65	

THE BRIGHTON –LE-SANDS RSL CLUB TROPHY

for Primary School-6th Class

Hill End P.S.	78	436	1st
Sofala P.S	34	170	2nd
Ilford P.S.	23	47	3rd
Beckom P.S.	6	30	
Cabramurra P.S.	8	32	
Cargo P.S.	7	35	
Corinella P.S.	2	10	
Greenethorpe P.S.	17	44	
Grong Grong P.S.	5	25	
Louth P.S.	5	25	
Lowesdale P.S.	2	10	
Lue P.S.	1	5	
Mingoola P.S.	3	45	
Mummilgum PS	8	40	
Rockley P.S	1	5	
Savernake P.S.	2	10	
Talbingo P.S.	5	25	
Trunkey P.S.	5	25	

THE JACK STILWELL FLYNN MEMORIAL CUP

for Central Schools-1st Class

Bulahdelah C.S.	38	233	1st
Jindabyne C.S.	15	150	2nd
Dubbo School Of Distance Education	10	110	3rd

THE HELEN DRAPER TROPHY

for Central Schools-2nd Class

Braidwood C.S.	74	980	1st
Walcha C.S.	69	865	2nd
Lightning Ridge C.S.	66	530	3rd
Balranald C.S.	48	460	
Bowraville C.S.	13	80	
Coolamon C.S.	40	240	
Manilla C.S.	49	245	

THE H.C. BAMFORD TROPHY

for Central Schools-3rd Class

Coolah C.S.	37	707	1st
Boorowa C.S.	52	520	2nd
Dunedoo C.S.	49	445	3rd
Coleambally C.S.	162	329	
Guyra C.S.	15	225	
Brewarrina C.S.	39	195	
Barraba C.S.	12	180	
Batlow Technology C.S.	11	165	
Lake Cargelligo C.S.	14	140	
The Rock C.S.	25	125	
Peak Hill C.S.	7	35	

THE ROWLEY VASS MEMORIAL TROPHY

for Central Schools-4th Class

Urana C.S.	51	585	1st
Tooleybuc C.S.	44	418	2nd
Ardlethan CS	22	330	3rd
Ariah Park C.S.	23	130	
Barellan C.S.	27	315	
Bundarra C.S.	19	285	
Gulgargambone C.S.	2	15	
Lord Howe Island C.S.	2	30	
Mendooran C.S.	54	310	
Mungindi C.S.	11	165	
Oaklands C.S.	12	60	
Trundle C.S.	29	173	
Yeoval C.S.	27	135	

THE CLIVE AUSTIN TROPHY

for Central Schools-8th & 9th Class

Hunter School of Performing Arts	62	420	1st
Lucas Heights Community School	24	360	2nd
Evans River Community School	21	305	3rd
Southern Cross School-East Ballina	18	90	

THE F.D LEANEY TROPHY

for Schools for Specific Purposes

Mary Brooksbank School	64	630	1st
Aspect Wetherill Pk School	76	380	2nd
Aspect Hunter School	75	375	3rd
Anson Street School	32	160	
Aspect Macarthur School	24	120	
Aspect South Coast School	42	210	
Bates Drive School	3	15	
Broderick Gillawarna School	37	185	
Budawang School	8	40	
Cairnsfoot School Arndcliffe	53	265	
Canterbury Vale School.	10	50	
Chalmers Rd School Strathfield	17	85	
Coreen School	24	104	
Cromehurst School	23	115	
Fisher Road School	22	110	
Five Islands School	1	5	
Fowler Road School	19	95	
Glendon School	31	155	
Glenvale School	48	240	
Halinda School	40	200	
Holman Place School	17	245	



	<i>Awards</i>	<i>Points</i>	<i>Place</i>
Holroyd School	22	110	
Hopetown School	2	10	
Hunter River Community School	15	75	
Kandeer School	13	65	
Kotara School	3	15	
Kurrambee School	74	370	
Lakeside School	13	135	
Lawrence Hargrave School	25	125	
Lomandra School	4	25	
Mian School	17	85	
Minerva School	17	85	
Para Meadows School	48	310	
Redbank School	37	185	
Rivendell School	21	105	
Shepherds Park School	29	190	
Sir Eric Woodward Memorial Sch.	26	126	
Tallowood School	47	235	
Wewak Street School	24	120	
Willans Hill School	22	110	
William Rose School	33	165	

THE BILL ARTHUR CUP

for Special Schools- Welfare

Anglican Youthworks Sutherland 51 255 1st

THE R.E BURGOYNE MEMORIAL TROPHY

for RSL Youth Clubs

Rooty Hill RSL YSC 25 228 1st

THE AUSTRALIA SHIELD

for Army, Navy & Air Force Units

Australian Air Force Cadets	42	630	1st
T.S. Culgoa - Army,Navy Cadets	20	300	2nd
220 RCU Army Cadet Unit	20	300	3rd
213 ACU Cronulla Sutherland	18	270	
Australian Air Force Cadets 313 Squad.	14	200	
Kapooka ARTC	17	170	
RAAF-Base-Richmond	8	80	

THE ROTH SHIELD

for Affiliated Life Saving Clubs

Scully Park A.S.& L.S.C.	104	842	1st
The Hills S & LSC	70	567	2nd
Enfield LSC	42	289	3rd
Woronora LS & RPC	60	286	
Port Hacking Lifeguard Club	17	170	
Inner West MLC LSC	10	70	

THE KELSO KING EXCELLENCE SHIELD

for Affiliated Amateur Swimming Clubs

Scully Park A.S.& L.S.C.	104	842	1st
The Hills S & LSC	70	567	2nd
Wellington A.S.C.	81	462	3rd
Engadine ASC	46	306	



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Acknowledgements

The Royal Life Saving Society Australia New South Wales Branch would like to acknowledge and thank the following Government Departments, New South Wales Registered Clubs, Schools, Partnerships, Sponsors and organisations for their continued support of the Society, its teachings and ideals throughout the 2011/2012 year:

Partners

Sport and Recreation Communities NSW
NSW Department of Emergency Services
NSW Department of Education & Training
NSW Department of Local Government
NSW Health
NSW Maritime
NSW Water Safety Advisory Council
Department of Education, Employment and Workplace Relations
Hills Shire Council
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Bathurst Community College
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Canterbury-Hurlstone Park RSL Club
Ingleburn RSL Club
Smithfield RSL Club
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Riverina Australian Rules Football Club
Dapto Leagues Club
Collegian Rugby Club
Port Macquarie Hastings Council Clubs
Bathurst RSL Club
Bathurst Panthers
Wests Group
Illawarra Master Builders' Club

NSW Schools

Ambarvale Primary School
Asquith Girls High School
Asquith Boys High School
Auburn West Primary School
Austinmer Primary School
Berinba Primary School
Bossley Park Primary School
Broken Hill High School
Clemton Park Primary School
De La Salle College Cronulla
Douglas Park Primary School
Eastwood Heights Primary School
Eglington Primary School
Good Shepherd Primary School Hoxton Park
Granville Primary School
Greenacre Primary School
Gulgong High School
Hampden Park Primary School
Hassall Grove Primary School
Hazelbrook Primary School
Henty Primary School
Holy Trinity Primary School Wagga Wagga
Hurstville Primary School
June High School
Kareela Primary School
Killara High School
Kingswood Primary School
Leumeah Primary School
Macquarie Fields Primary School
Marayong South Primary School
Marian Catholic College Griffith
Menai Primary School
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Minto Primary School
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Panania Primary School
Parkes East Primary School
Parkes High School
Riverstone High School
Riverwood Primary School
Rosebank College
Ryde Primary School
Springwood High School
St Catherine's Catholic College Singleton
St Fiacres Primary School Leichhardt
St Francis Xaviers College Hamilton
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St Josephs Primary School Leeton
St Josephs Primary School Moorebank
St Lukes Primary School Revesby
St Marouns College Dulwich Hill
St Patricks College Campbelltown
St Patricks Parish School Cooma
St Petes Catholic College Tuggerah Lakes
St Pius X College
St Pius X High School Adamstown
St Thereses Primary School Lakemba
St Thomas Aquinas Primary School Springwood
St Thomas Mores Primary School Brighton-Le-Sands



Acknowledgements *continued*

Sydney Distance Education High School
Tanilba Bay Primary School
The Hills Sports High School
Tighes Hill Primary School
Tuggerah Lakes Secondary College Berkeley Vale Campus
Wallsend Primary School
Wangi Wangi Primary School
Wiley Park Primary School
Woodberry Primary School

Tenterfield Pool
Emerton Leisure Centre
TAS Swim School
Kendall Swimming Pool
Caringbah Leisure Centre
Brewer Swimming
Albury Swim Centre
Albury North – Lavington Swim Centre
Little Swim Stars – Maitland
Mosman Swim Centre
Swim Stars Swim School (Mona Vale Hospital)
Cobar Memorial Swimming Pool

Swim and Survive Partner Pools

Splash Swim School – Dubbo
Ryde Aquatic Leisure Centre
Mingara One
Maitland Aquatic Centre
Canterbury Aquatic Centre
Penrith Swimming Pool
Roselands Aquatic Centre
Blacktown Leisure Centre
Woolgoolga Swimming Pool
Glen Innes Swimming Pool
Emmaville Swim Centre
Stadium Fitness Centre
Tivoli Swim School
Melissa's Swim School
Springwood Aquatic & Fitness Centre
Lawson Swim Centre
Blackheath Pool
Katoomba Sports & Aquatic Centre
Glenbrook Swim Centre
East Maitland Aquatic Centre
Charlestown Swimming Centre
West Wallsend Indoor Swimming Pool
Swansea Swimming Centre
Speers Point Swimming Centre
Rosemarie Glover Swim School
Macarthur Learn to Swim
Orange Bush Nippers
Cabarita Swim Centre
Drummoyne Swimming Centre
Alstonville Aquatic Centre
Oak Flats Swimming Pool
Albion Park Swimming Pool
Goulburn Aquatic Centre
Tweed Regional Aquatic Centre
Gary's Swim School (Using Boorowa Pool)
Gilgandra Learn to Swim
Oberon Pool Complex
Narellan Swimming Academy
Melissa Corby's Learn to Swim School
Lake Cargelligo Swimming Pool
Grenfell Swimming Pool
Country Club Swim School – Woolgoolga
Shane Dowel's Swim School
Aquatic Safety Training Academy – Seven Hills
Oasis Regional Aquatic Centre
Queanbeyan Aquatic Centre
Big Blue Swimming
Sally Preston Swim School





The Society offers its sincere thanks and appreciation for the support of the New South Wales Government, through:

- Sport and Recreation Division, Office of Communities, Department of Education and Communities and in particular, the Honourable Graham Annesley, MP, NSW Minister for Sport & Recreation
- Ministry of Police & Emergency Services and in particular, the Honourable Michael Gallacher, MLC, NSW Minister for Police & Emergency Services



LIFESAVERS ARE EVERYWHERE IN THE COMMUNITY

They can be teachers, students, mums, dads, firemen, plumbers or accountants. They patrol the houses, streets, workplaces and parks of the communities in which they live. They don't always wear a uniform but they can and do save lives.

ROYAL LIFE SAVING IS DEDICATED TO TURNING EVERYDAY PEOPLE INTO EVERYDAY COMMUNITY LIFESAVERS

We achieve this through:

- Education • Training • Research • Health promotion • Risk management
- Advocacy • Sport and participation • Research

We have been doing this for over 115 years. Our programs are well researched. They are available to all.